**HUMBOLDT STATE UNIVERSITY**

**MASTER OF SCIENCE IN TEACHING ADAPTED PHYSICAL EDUCATION**

Humboldt State University (HSU) is one of the 23 campuses in the California State University (CSU) system. HSU is located in Arcata, 270 miles north of San Francisco and 95 miles south of the Oregon border. HSU proposes to expand and develop its Adapted Physical Education (APE) program to increase the number of highly qualified adapted physical education teachers in California and the nation.

The program will provide **full qualifications according to state standards** and scholars will gain national recognition as a Certified Adapted Physical Educator (CAPE) through the Adapted Physical Education National Standards (APENS). Scholars can complete a **California Single Subject Teaching Physical Education Credential, the** **Adapted Physical Education Added Authorization**, and a **Master of Science degree** in Kinesiology. The **Adapted Physical Education (APE) Program** is supported by a federal grant to prepare students to work with children with disabilities in the field of adapted physical education in public schools. Funded by the U.S. Department of Education, Office of Special Education Programs, the program is aimed at increasing the supply of qualified personnel in the field of special education. This U.S. Department of Education program awards competitive grants to Institutions of Higher Education to support scholars receiving training to provide special education and related services to children and youth with disabilities. Humboldt is one of the few APE programs in the country to have received this award.

Academic Fees Support

Students can apply to receive financial support to cover the cost of HSU academic fees. This support is available for a two year period based on maintaining satisfactory progress in all course requirements. Full cost of fees for fall, spring and summer semesters is available for reimbursement. Current teachers may access the program through summer courses and some courses offered online.

A Service Obligation

If you are accepted into the APE program and receive funding, you will be required to work in the field of special education or related services for two years for each year you have received funding. The National Center on Service Obligations (NCSO) is responsible for tracking the service obligations of scholars/obligees funded by our grant. You will also be required to update NCSO annually with your contact and employment information. Visit [www.serviceobligations.ed.gov/scholars](http://www.serviceobligations.ed.gov/scholars/) for complete information about the service obligation process.

Coursework for the Adapted Physical Education Added Authorization

The coursework for the Adapted Physical Education AA is described below. Typically undergraduate students complete REC 310, KINS 385, KINS 484, and KINS 475 as undergraduate students in the Bachelor of Science degree in kinesiology. In the single subject credential year students then complete the additional four classes to gain the APEAA. The KINS 695 Directed Field Experience includes student teaching in adapted physical education.

Adapted Physical Education AA Courses

KINS 385 Adapted Physical Education (3)

KINS 475 Elementary School Physical Education (3)

KINS 484 Motor Development/Learning (3)

REC 310 Recreation for Special Groups (3)

KINS 535 Motor Assessment (2 semester units)

KINS 577 Adapted Physical Education Programs (4 semester units)

KINS 578 Adapted Aquatics (2 semester units)

KINS 695 Field Experience: Student Teaching (4 semester units)

Candidates without a Bachelors Degree in Kinesiology

Candidates complete coursework in kinesiology/ physical education or equivalent, 12 semester units, or pass CSET Physical Education.

Candidate Roadmap for APE Added Authorization

The California State University Adapted Physical Education Coordinators have adopted the following guidelines for credential advising toward the completion of the APEAA.

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| --- | --- | --- |
| **Current Credential**  **Holders** | Single Subject Credential Physical Education | * Add APEAA Coursework |
| Multiple Subjects Credential | * Add PE/KINS Coursework (see authorization classes) **or** CSET (PE) * Plus APEAA Coursework |
| Education Specialist Credential | * Add PE/KINS Coursework (see classes) **or** CSET (PE) * Plus APEAA coursework |
| Single Subject Credential Not in PE with a PE Authorization | * Add PE/KINS coursework * Add APEAA coursework |
| **Credential Candidates** | Single Subject PE Candidates | * Add APEAA coursework |
| Multiple Subject Candidates | * Add PE/KINS coursework (see classes) **or** CSET * Plus Add APEAA coursework |
| Education Specialist Candidates | * Add PE/KINS coursework (see classes) **or** CSET * Plus Add APEAA coursework |

Guidelines for field experience (student teaching) for individuals returning for the Adapted Physical Education Added Authorization who already hold a current teaching credential.

1. If an individual holds a position teaching APE, the field experience course work is completed in their current position. Candidate must meet all competencies and complete the portfolio review.
2. Current credential holders must complete a field experience for a minimum of 180 hours in an adapted physical education placement setting. This may include:
   1. Teaching APE during prep period under the supervision of an APEAA

Credential Teacher.

* 1. Teaching APE for special day classes under supervision of an APEAA Credential Teacher or university supervisor.
  2. Other placement as deemed appropriate with University APE Coordinator.

# Multiple Subject Credential and Education Specialist Credential Holder Requirements for APEAA

For *Multiple Subject Credential (MS) and Education Specialist (ES) Credential Holders*: Complete Twelve (12) Units of Kinesiology/Physical Education Coursework (see below); **OR** Pass California Subject Examinations for Teachers (CSET) in PE (all parts). Students wishing to gain the single subject physical education credential will also need to complete KINS 384 *Curriculum and Instructional Strategies* (3 units) or equivalent secondary methods in physical education course.

Physical Education/Kinesiology Coursework

HSU Kinesiology (KIN) or equivalent courses (transcript and program syllabus verification) are listed below. For those individuals requiring this coursework, candidates will meet with APE Coordinator and **select 12 units or four courses from the following coursework with usually 6 units from kinesiology/physical education and 6 units from teaching methods courses**:

KINS 379 Exercise Physiology, prereq, Human Physiology

KINS 380 Biomechanics, prereq, Human Anatomy

KINS 483 Evaluation Techniques

KINS 474 Psychological Foundations Kinesiology

Other courses approved by Advisor.

Masters Degree

Candidates seeking the masters degree must apply to graduate program in Kinesiology. This includes an application on CSU Mentor and an application to the program. Applicants must have:

1. Minimum undergraduate GPA of 2.75 in the last 60 semester units, a 3.0 is preferred.
2. Complete the GRE, with minimum of 148 for Verbal, 140 for Quantitative, and 3.5 for Writing.
3. A bachelors degree for an accredited institution.

Inquiries

Please address inquiries to:

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Applications

To apply to the program all individuals must complete the Adapted Physical Education Program Application. In addition:

Graduate students apply to the Kinesiology Graduate program: seehttp://pine.humboldt.edu/admissions/apply/documents/GradOfc.pdf

Teaching Credential students apply to the Multiple, Single or Education Specialist programs:

http://www.humboldt.edu/education/