

## Willow (Jennifer) Abel

### TEACHING EXPERIENCE

#### Sierra Institute

2004-present, Humboldt State University

1999-2003, University of California, Santa Cruz

##### *Instructor*

Bioregionalism, Community, and Sustainable Living

Twelve-to-fifteen unit Environmental Studies and Humanities field course consisting of classes in Bioregionalism and Sustainability, Perspectives on Nature, Environmental Education and the Wilderness Experience, and Practicum in Nature Awareness and Wilderness Skills.

*Instructor*, Nature Philosophy, Religion, Ecopsychology

Twelve-to-fifteen unit Environmental Studies and Humanities field course consisting of classes in American Nature Philosophers, Perspectives on Nature, Environmental Education and the Wilderness Experience, and Practicum in Nature Awareness and Wilderness Skills.

*Instructor*, Nature and Culture

Fifteen-unit Environmental Studies field course consisting of classes in Cultural Ecology, Perspectives on Nature, and Wilderness Education.

*Spring 2000, Spring 1999*

*Teaching Assistant*, Nature Philosophy, Religion, Ecopsychology

Fifteen-unit Environmental Studies field course consisting of classes in American Nature Philosophers, Perspectives on Nature, and Wilderness Education.

*Summer 1998, Spring 1998, Spring 1997*

#### University of California, Santa Cruz

*Reader*, Environmental Action Through Writing (ES 156)

Five-unit upper division Environmental Studies course; read and provided written comments on all class assignments.

*Jan. - April 2002, Jan. - April 2001*

*Writing Tutor*, Intermediate Poetry. Literature/Creative Writing Board

Conducted one-on-one tutorials with fifteen students.

*Winter 1992*

*Resource Group Instructor*, Arts in a Multi-Cultural Society. Porter College Board

Responsible for the weekly instruction of two groups of ten students, covering topics such as racism, homophobia, and gender identity; supervised quarter-long group creative project.

*Fall 1991*

#### New College of California, Santa Rosa

*Instructor*, Culture, Ecology, and Sustainable Community

Designed curricula and presented core seminar lectures in an interdisciplinary program focused on culture, politics, environmental studies, and community.

*Jan. 1998 - Jan. 2000*

*Instructor*, The Wilderness Experience

Field courses in wilderness skills, ecopsychology, and environmental philosophy.

*Spring 1998, Fall 1999, Spring 1999*

*Instructor*, Nature and the Creative Process

Two-day seminar using drawing, watercolor painting, sculpture, ritual, and discussions to explore the relationship between the natural world and creativity.

*Fall 1998*

***Instructor***, Creating a Natural History Journal

Semester-length course guided students through the processes involved in the creation and keeping of an illustrated natural history journal--sensual awareness, observation skills, nature writing, native flora and fauna identification, techniques in drawing, painting, and bookbinding.

*Fall 1999, Fall 1998*

***Academic Advisor***

Advised and evaluated twenty students on their senior thesis, academic journal, core seminar, independent and guided group studies.

*Feb. 1998 – Jan. 2000*

**New College of California, San Francisco**

***Instructor***, Bioregional Ethics: Celebrating and Preserving the Natural World

Environmental Studies course focusing on the development of an intimate, active relationship with our ecological community. Topics included nature philosophy and spirituality, wilderness, rural and urban ecology, art, community service, and sustainable living.

*Jan. - May 1998*

**Audubon Expedition Institute**

***Student Instructor***, seminars in Writing, Art, Ecopsychology, Environmental Education, Bioregionalism, Sustainable Gardening, and Natural History.

*Sept. 1995 - December 1996*

**RELEVANT ENVIRONMENTAL EXPERIENCE**

***Council Co-Creator/Facilitator***, Oceansong, Occidental, CA.

Four day council of peers in the field of Ecopsychology.

*February 2006*

***Workshop Assistant***, Esalen Institute, Big Sur, CA.

Assistant for Robert Greenway's five-day experiential seminar in Ecopsychology.

*January 2006*

***Restoration Assistant***, Ventana Wilderness Sanctuary, Big Sur, CA.

Riparian restoration, primarily through the propagation, planting, and tending of twelve native tree and shrub species.

*Sept. 1997 - Jan. 1998*

***Intern***, Maine Organic Farmers and Growers Association, Augusta, ME.

Outreach and education.

*Fall 1996*

***Intern***, Native Seeds/SEARCH, Tucson, AZ.

Endangered seed conservation.

*Spring 1996*

***Intern***, Doug Elliot and Yanna Fishman, Union Mills, NC.

Nature writing and illustration; sustainable living through farming, foraging, wild crafts and herbal medicine.

*Fall 1995*

**EDUCATION**

Master of Science, 1997  
Environmental Education  
Audubon Expedition Institute, Belfast, ME  
Lesley College, Cambridge, MA

Bachelor of Arts, 1992  
Literature/Creative Writing  
University of California, Santa Cruz

## **CERTIFICATIONS**

Permaculture Design Consultant, Permaculture Design Institute of Northern California, 2003

Wilderness First Responder, Wilderness Medicine Institute