

Student Health Center and Travel Medicine Support for Faculty Led Study Abroad programs

Please inform your students that in order for us to adequately support students wishing to study abroad, and for students to receive timely travel medicine services through the Student Health Center they must meet the following requirements:

1. Review the CDC website regarding all areas of each country to which they will be traveling (<http://www.cdc.gov/travel/>) and know which vaccines they need as well as the type of malaria that is in the region. **They must bring a copy of the CDC information with them to their appointment.**
2. Bring in their immunization card.
3. **For Immunizations only** (excluding typhoid and rabies)- they may come to the immunization clinic directly at the times listed at <http://studentaffairs.humboldt.edu/health/> . These must be started by May 1st for summer or fall trips. For spring or winter trips, they must be started 4 weeks prior to the close of the Health Center.
4. **For an appointment** to see a medical provider for a prescription for medication prophylaxis for malaria, altitude sickness or for a required physical exam, they must:
 - ◆ Make their appointment in plenty of time (see dates above) or see their own doctor;
 - ◆ Review all appropriate information on the CDC website regarding the place of travel and bring specific questions;
 - ◆ If they are with a travel program that has specific health recommendations or requirements (such as a form that needs to be filled out), they must bring those to the appointment with them. **(There is a charge for physical exams)**

Students who do not comply with these requirements will have to have their needs met through another medical provider or they may obtain immunizations at the Public Health Department.

Immunization Information:

1. **Tetanus** - Every 10 year booster – consider whooping cough, as well;
2. **Hepatitis A** – requires 4 weeks from the first immunization prior to travel;
3. **Typhoid** – oral immunization that is spread over a week and should be finished at least one week prior to travel;
4. **Yellow Fever** – immunization needs to occur at least 1 week prior to travel – this is only available at Public Health in Eureka, call 268-2108 for clinic times;
5. **Rabies** – Very expensive, must be preordered and paid for before ordering – 3 doses over 28 days. This is rarely required, check this website <http://www2.ncid.cdc.gov/travel/yb/utills/ybGet.asp?section=dis&obj=rabies.htmT>

Thank you for your support,
Rebecca Stauffer, Director, Health Center