

Energy Saving Tips

Top Ten Ways to Reduce Energy Usage

- Turn off lights, appliances and computers when not in use. Even for a few minutes!
- Replace incandescent bulbs with compact fluorescent light bulbs.
- Plug electronics into power strips and turn them off when not in use to avoid phantom loads.
- Turn down your thermostat and put on a sweater!
- Turn your computer Monitor to save mode, screen savers don't save energy! Enable Power Management: In Windows XP; In Mac OS X, You go to 'System Preferences', click on the 'Energy Saver' icon, and set the computer and display (monitor), and Hard Drive to go to sleep. Alternatively, you can use a third-party program, or Press Cmd-Shift-Eject and your OS X Mac will immediately enter sleep mode.
- Buy Energy Star® labeled appliances.
- When doing laundry, wash full loads and use cold or warm rinses
- Take shorter or cooler showers.
- Waiting until after 7pm (after peak) to use appliances, such as, washers, dryers, and electric heaters, can help reduce to use of the dirtiest power plants.
- Share a fridge with room/suite mates and keep it full.