

# CHILD DEVELOPMENT [LIBERAL STUDIES]

Please note: This program is distinct from Humboldt's more generic Liberal Studies degree program.

## **Bachelor of Arts degree with a major in Liberal Studies Child Development**

### **Minor in Early Childhood Development**

**Minor in Family Studies** (see Family Studies)

**Minor in American Sign Language and  
Special Populations** (see American Sign Language & Special Populations)

### **Department Chair**

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### **Department of Child Development**

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### **The Program**

This major focuses on the ever-growing body of knowledge about children and its applications. This interdisciplinary major provides a holistic approach to the study of children, from birth to age 18, and provides the basis for a variety of careers. These include: pre-school or elementary teacher; after-school program leader; child abuse prevention worker; civilian employee for military base family/child services; consultant for employer-sponsored child/family program; early childhood special education teacher; home visitor for at-risk families; infant/toddler intervention worker; licensing representative; parent educator; Peace Corps/Americorps volunteer; public policy advocate; recreation leader; researcher; resource and referral coordinator; social worker; special education teacher; youth services coordinator; university professor.

Humboldt's program is unique among the child development programs in the CSU system in that:

- core courses (which all students take) give cohesive and comprehensive attention to children's development and socialization;
- an on-campus practicum is required;
- additional practicums with children or families are available in the emphasis and specialization areas;
- course work beyond the core is based on the student's own identified special interests.

In core courses students learn basic principles and theories of child development as well as practices that support children and families. Students also select one of the following three tracks – Teaching, Child and Family Services, or Specialized Studies Track. Within the first two tracks, students select emphasis and specialization areas while the Specialized Studies is individually designed between student and advisor. For a simplified visual summary of the CD tracks, go to the Child Development Web site at [http://www.humboldt.edu/~chld/forms/CD\\_Curriculum\\_Chart.doc](http://www.humboldt.edu/~chld/forms/CD_Curriculum_Chart.doc).

### **Preparation**

High school students should take courses in History, Political Science, English, and Speech.

### **REQUIREMENTS FOR THE MAJOR**

Between 58-59 units required depending on the track selected. These are distributed as follows:

- Core for all tracks (34 units), **plus**
- Teaching track (24 - 25 units), **or**
- Child & Family Services track (24 units), **or**
- Specialized Studies track (24 units)

Students must earn a minimum grade of C- in all courses required for the major—core, emphasis, and specialization. It is recommended that students view this Web site for major requirements clarification: [http://www.humboldt.edu/~chld/forms/CD\\_Curriculum\\_Chart\\_3-05.doc](http://www.humboldt.edu/~chld/forms/CD_Curriculum_Chart_3-05.doc)

### **Core** (34 units)

The core courses are required of all students and should be taken in the order listed below. [There may be scheduling problems that delay graduation if 200- and 300-level courses are postponed.]

- **One** course from the following four courses. (Selected in consultation with CD advisor.)

CD 253	Prenatal & Infant Development
CD 255	Early Childhood Development
CD 256	Middle Childhood Development
PSYCH 414	Psychology Of Adolescence & Young Adulthood

### **Plus:**

CD 211	Perspectives: Professional Development
CD 257	Supervised Work with Children, I

CD 310*	Perspectives: History & Theory
CD 350	Perspectives: Life-Span Development
CD 354	Methods of Observation
CD 355	Language Development, <b>or</b>
COMM 422	Children's Communication Development
CD 366	Exceptional Children & Their Families
CD467*	Working with Culturally Diverse Families,
CD 469	Contemporary Issues in Child Development
CD 479	Policy Analysis & Advocacy

**Tracks** (24-25 units): **Students select track 1, 2, or 3:**

**Track 1 – Teaching** (24-25 units including emphasis & specialization areas)

**Emphasis Areas:** All five courses required.

CD 356	Curriculum Development for Early Childhood
CD 357	Early Literacy
CD 358	Supervised Work with Children II
CD 446/546	Structure & Content of Children's Thinking
CD 482	Directed Field Experience

**Specialization Areas:** Select specialization 1, 2, or 3:

▪ **Specialization 1: Early Childhood Education and Care**

CD 255	Early Childhood Development (required in CD core)
CD 251	Children, Families and Their Communities
CD 352*	Parent/Child Relationships

**and 2 - 3 units from:**

CD 362	Children and Stress, <b>or</b>
CD 461	Topics in Early Childhood Administration, <b>or</b>
CD 463	Administration of Early Childhood Programs, <b>or</b>
CD 464	Atypical Child Development

**NOTE:** Students completing the above specialization qualify to apply for the California Commission on Teacher Credentialing Child Development Permit at the Site Supervisor level. To move to the Program Director level of the Permit, students must complete both CD 461 and CD 463 (or equivalent courses) and an additional 3-unit program administration course. In addition, they need at least one-year of documented experience as a Site Supervisor.

- **Specialization 2: Elementary Education**  
CD 256 Middle Childhood Development (in core)  
MATH 308B & 308C\* Mathematics for Elementary Education  
SCI 331 Fundamental Concepts in Science Education  
KINS 475 Elementary School Physical Education  
ART 358 Art Structure

**NOTE:** Students completing the above specialization qualify to apply for the California Commission on Teacher Credentialing Child Development Permit at the Site Supervisor level with a School Age emphasis. Students are also well prepared for Elementary Education Credential programs to become elementary school teachers.

For information about a specific California Teacher Credentialing Subject Matter program, see separate information on the Child Development Elementary Education Program.

- **Specialization 3: Special Education/ Early Intervention**

One of the following three core courses:

- CD 253 Prenatal and Infant Development
- CD 255 Early Childhood Development
- CD 256 Middle Childhood Development

plus:

- CD 352\* Parent/Child Relationships

and 6 units from:

- CD 109Y American Sign Language I, or CD 109Z\* American Sign Language II
- CD 362 Children and Stress
- CD 464 Atypical Child Development
- PSYC 418 Developmental Psychopathology

### Track 2 – Child & Family Services

(24 units including emphasis & specialization)

Take the two following courses plus one emphasis area and one specialization area.

- CD 251 Children, Families and Their Communities
- CD 352\* Parent/Child Relationships

- **Emphasis Areas** (Choose 9 units from one discipline.)

#### Child Development

- CD 334 Maternal & Child Nutrition
- CD 358 Supervised Work with Children II
- CD 362 Children and Stress
- CD 464 Atypical Child Development
- CD 482 Directed Field Experience

#### Psychology

- PSYC 321\*\* Intro Behavioral Neuroscience
- PSYC 324\*\* Cognitive Psychology
- PSYC 337\*\* Personality Theory and Research
- PSYC 418 Developmental Psychopathology
- PSYC 436 Human Sexuality
- PSYC 454 Interviewing and Counseling Techniques
- PSYC 473 Substance Use & Abuse

#### Social Work

- SW 104\* Introduction to Social Work & Social Work Institutions
- SW 340 Social Work Methods I
- SW 341 Social Work Methods II
- SW 431/SOC 431 Juvenile Delinquency
- SW 440 Family Social Work
- SW 442 Special Issues in Social Work Methods
- SW 480 Special Topics (Must be child and family related and approved by a Child Development advisor.)

#### Sociology

- SOC 303\* Race & Ethnic Relations
- SOC 305 Sociology of the Modern World-System
- SOC 306\* The Changing Family
- SOC 308 Sociology of Altruism & Compassion
- WS 319 Ecology of Family Violence
- SOC 330 Social Deviance
- SOC 420 Social Change
- SOC 431/SW 431 Juvenile Delinquency

- **Specialization Areas** (Choose 9 units from one area.)

#### American Indian Communities

- AIE 335 Social and Cultural Considerations
- AIE 340 Educational Experiences
- AIE 380 Special Topics
- AIE 435 Counseling Issues
- NAS 306 Native Peoples of North America
- NAS 340 Language & Communication in Native American Communities
- NAS 361 Tribal Sovereignty, Tribal Citizens

#### Diversity

- ES 105/NAS 105\* Introduction to US Ethnic Studies
- ES 308\* Multicultural Perspectives in American Society
- ES 326 Minorities and the Media
- ES 354 Minorities, American Institutions, & Social Services
- ES 360/WS 360 Race, Gender & US Law

Plus 3-6 units in Ethnic Studies, ITEPP or Native American Studies relating to a specific ethnic group.

#### Family Intervention

- SW 340 Social Work Methods I
- SW 341 Social Work Methods II
- SW 440 Family Social Work
- SW 480 Special Topics in Family Violence
- PSYC 454 Interviewing and Counseling Techniques

#### Language

3-6 units of a modern language other than English

- COMM 322 Intercultural Communication
- ENGL 328 Structure of American English
- ENGL 417/COMM 417 Second Language Acquisition
- NAS 340 Language & Communication in Native American Communities

#### Program Administration

- BA 110 Introduction to Business
- BA 210 Legal Environment of Business
- BA 310 Business Law
- BA 345 Marketing Essentials
- BA 355 Essentials of Financial & Management Accounting
- BA 365 Finance Essentials
- BA 375 Management Essentials
- CD 461 Topics in Early Childhood Administration
- CD 463 Administration of Early Childhood Programs

#### Recreational Programming

- REC 200 Foundations of Recreation Studies
- REC 210 Recreation Leadership
- REC 310 Recreation for Special Groups
- REC 320 Organization, Administration & Facility Planning
- REC 330 Outdoor Education
- REC 340 Camp Organization & Counseling
- REC 345 Environmental Education
- REC 420 Legal & Financial Aspects

#### Special Populations

- CD 109Y American Sign Language I
- CD 109Z\* American Sign Language II
- CD 362 Children and Stress
- CD 464 Atypical Child Development
- PSYC 418 Developmental Psychopathology

### Technology

CIS 100*	Critical Thinking with Computers
CIS 171	Word Processing I, <b>or</b>
CIS 271	Word Processing II
CIS 172	Spreadsheets I, <b>or</b>
CIS 272	Spreadsheets II
CIS 176	Introduction to Internet
CIS 178	Creating Web Homepages
CIS 309*	Computers and Social Change
CIS 310	Database for Non-Majors

### **TRACK 3 - Specialized Studies** (24 Units Total)

This track is individually designed for students who require specialized preparation and/or post-graduate studies (e.g. Child Life Specialist). Students select courses in consultation with their advisor. The program must include:

CD 482	Field Placement, <b>or</b>
CD 499	Senior Project

Plus, child development faculty recommend the program include:

- A coherent emphasis including at least 9 units from a single discipline
- A specialization of at least 7 related units associated with the emphasis
- Specific courses that may be required or recommended for graduate school admission or specialized post-baccalaureate education

## **REQUIREMENTS FOR THE MINORS**

### **Early Childhood Development**

This minor provides a background in the development of children from birth through age eight with a focus on four interrelated areas. The minor is useful to those wishing to work with children and families. Students must complete courses in the following areas:

#### *Growth & Development* (complete two):

CD 253	Prenatal & Infant Development
CD 255	Early Childhood Development
CD 350	Perspectives: Life-Span Development

One of the above courses is a prerequisite to all other courses in the minor.

#### *Guidance & Discipline*: (complete one):

CD 257	Supervised Work with Children, I
CD 354	Methods of Observation

#### *Special Needs of Children* (complete one):

CD 362	Children & Stress
CD 366	Exceptional Children & Their Families
CD 464	Atypical Child Development

#### *Family Relations* (complete one):

CD 352*	Parent/Child Relations
CD 467*	Working with Culturally Diverse Families

### **Child Development Permit**

Students who minor in Early Childhood Development may wish to explore requirements for the Child Development Permit, issued by the California Commission on Teacher Credentialing and required for teaching preschool children in state and federally funded programs in California. For permit eligibility and application procedures visit the Child Development Training Consortium's Web site at: <http://www.childevelopment.org> or the California Commission on Teacher Credentialing Web site at <http://www.ctc.ca.gov/credentials/CREDS/child-dev-permits.html>.

## **American Sign Language and Special Populations Minor**

See American Sign Language and Special Populations.

## **Family Studies Minor**

See Family Studies.



\* Satisfies diversity/common ground and/or GE requirements.

\*\* These courses require PSYC 104 as a prerequisite; students interested in a psychology emphasis are advised to take PSYC 104 to fulfill one of their lower division Area D GE Requirements.