

Jennifer Petullo
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Education

California Institute of Integral Studies, Master's in Integral Counseling Psychology, 2012 GPA 4.0

Pennsylvania State University, BA in Human Geography, 1998, GPA 3.87
With Honors, Magna cum Laude, Phi Beta Kappa, Minor in Psychology

Work Experience

Self-Employed, Marriage and Family Therapist, Arcata CA, 2017-present

- Conduct psychotherapy sessions with individuals and couples.
- Specialize in treating depression, anxiety and trauma with a focus in Object Relations, Somatic, Transpersonal and CBT modalities.

Lecturer, Humboldt State University, Arcata, CA, 8/2013- Present

- Teach courses in the Department of Psychology and in the Master's in Counseling Program, and acted as an academic advisor for psychology majors.
- Coordinate the Master's in Counseling Psychology Program

Associate Marriage and Family Therapist, Humboldt Family Service Center, Eureka, 2012- 2017

- Conduct psychotherapy sessions with individuals, couples, children and families.

Optician, Paraoptometric, ABOC, CPO, A to Z Eyecare, Arcata, CA, 2005- 2013

- Carried out medical testing, assisted with glasses prescriptions and responded to patient issues.
- Wrote educational materials for patients, as well as a newsletter and radio ads.

Self- Employed, Independent Massage Therapist/ Teacher, Arcata CA, 2005 – 2010

- Provided massage and Marma acupressure sessions.
- Taught classes on anxiety reduction modalities and guided meditation.

Researcher, Rights Action, Guatemala and Honduras, C.A., 2003-2004

- Conducted interviews with groups about community responses to poverty and violence.
- Served as an international accompanier for communities at risk for election-related violence.
- Completed a speaking tour at universities in the US about the political situation in Honduras.

Director, Redwood Peace and Justice Center, Arcata, CA, 2002- 2003

- Organized volunteers and community organizations, taught workshops, and wrote articles.
- Directed the Center's operations, including events, bookkeeping, and fundraising.

Teacher, Jubilee Partners, Comer, GA, 2000-2001

- Taught classes on life skills and English to refugees that came to the United States.
- Provided emotional and psychological support to refugees.

Case Worker, Ward Youth and Family Services, Pittsburgh, PA, 2000

- Coordinated case load of 10 teenagers.
- Accompanied to court, trained in life skills, and assisted with jobs and education.

Assistant Director of Human Resources, The Journey of Hope, Tulsa, OK, 1999

- Coordinated speaking tours for murder victim family members and death row family members.
- Organized outreach projects in community groups and prisons.

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Teaching and Research Experience and Publications

- **Recipient of Honor's College International Research Scholarship.** Conducted research on the effects of the social teachings of Rudolf Steiner on the Inisglas Community in Wexford County, Ireland. 1995
- **Teaching Assistant** for Seminar Course, English 421H Advanced Exposition Writing in conjunction with Political Science 135H The Politics of Scarcity. 1996
- **Research Assistant**, Department of Geography, traveled to Blagoevgrad, Bulgaria to produce papers from the Environmental Symposium in Sophia, 1997.
- **Research Assistant**, Pennsylvania State University Family and Child Development Lab, 1997. Observed and coded family interactions on factors of conflict resolution.
- **Research Assistant**, Center for Integrated Regional Assessment. Conducted research for online publications and the organization's website. 1997-1998
- **Senior Honor's Thesis**, "Alternative Approaches to Poverty and Social Research," published by Penn State University, 1998. Based on interviews with social service workers in Philadelphia.

Awards and Honors

- Member of Penn State Schreyer's Honors College 1994-1998
- Recipient of Honors College Four-Year scholarship 1994-1998
- Presidential Academic Achievement Award 1994
- Honor's College International Research Scholarship 1995
- Recipient of Division of Undergraduate Studies Academic Scholarship 1997
- Recipient of Fulbright Fellowship 1998
- Member of Phi Beta Kappa
- Graduated Magna Cum Laude from Pennsylvania State University 1998
- Recipient of 2-year academic scholarship to the California Institute of Integral Studies 2010-2012