

**Abbreviated Curriculum Vitae**  
**Tasha R. Howe, Ph.D (th28@humboldt.edu)**  
**Professor of Psychology**  
**Humboldt State University (HSU)/Cal Poly Humboldt**

**EDUCATION:**

- NIMH Post-Doctoral Fellow - 1996-98 – Vanderbilt University (Developmental Psychopathology)
- Ph.D - 1996 - University of California Riverside (Developmental Psychology)
- M.A. - 1994 - University of California Riverside (Developmental Psychology)
- B.A. - 1991 - University of California Santa Barbara (Psychology; Highest Honors)

**EMPLOYMENT HISTORY** (University teaching details here; other duties required of being a professor discussed in subsequent sections; these include publishing scholarly works, presenting scholarly works, engaging in community service, engaging in campus/department service, and engaging in service related to the profession of Psychology):

- August 2002-present – Assistant/Associate/Full Professor/Department Chair (All Full Time) – Humboldt State University (AKA Cal Poly Humboldt), Arcata, California. Taught Courses in Human Development, Human Development Lab, Introduction to Child Abuse and Neglect, Children’s Cognitive Development, Parent-Child Relationships, Senior Seminar, History and Systems in Psychology, Advanced Developmental Psychology (graduate level), Family Relations in Contemporary Society, Social and Behavioral Disorders of Childhood (graduate level), Developmental Psychopathology (undergraduate and graduate levels), Introductory Psychology, Critical Thinking in Psychology, Perspectives in Psychology, Freshman Interest Group (Exploring the Mind), Field Work in Psychology, Field Work in School Settings, Independent Research, Independent Study, Supervised Graduate and Undergraduate Teaching Assistantships, Violence Prevention Lab Supervision, Master’s Thesis and School Psychology Master’s Portfolio Supervising, and Assessment and Treatment of Child Abuse and Neglect (graduate level).
- August 2014 – January 2015 – Fulbright Scholar (Full time) – University of Zagreb, Filozofski Fakultet, Croatia – taught Child Maltreatment: Theory, Research, Prevention, and Practical Skills. (Concurrently employed by HSU)
- January – June 2008 – Fulbright Scholar (Full time) – European University of Cyprus - Taught Introduction to Child Abuse and Neglect in the Greek Cypriot Community; Near East University – taught Introduction to Child Abuse and Neglect and Developmental Psychopathology (graduate level) in the Turkish Cypriot community. (Concurrently employed by HSU)
- August 1996-June 2002 - Assistant Professor - Transylvania University, Lexington, Kentucky. Taught Child and Adolescent Development, Adult Development and Aging, Family Violence, Introduction to Psychology, Senior Seminar, and Developmental Psychopathology.

**PEER-REVIEWED PUBLICATIONS PAST DECADE:**

- Howe, T.R. (2023). *Marriages & Families in the 21st Century: A Bioecological Approach* (3rd Edition). Textbook published by SAGE.
- Howe, T.R., Altafim, E.R., Cardenas, N., and others....(under review). Evaluating the effectiveness of a child maltreatment prevention program across four cultures. (4 HSU undergraduate students are authors).
- Barnett, J.E.\*, & Howe, T.R. (2021). Multiple maltreatment and adverse childhood experiences: Exploring cumulative threats to attachment quality. *Violence and Victims*, 36(2), 214-232. \*Graduate student in developmental psychopathology.

- Howe, T.R., Knox, M., Pisani-Altafim, E.R., Linhares, M.B., Nishizawa, N., Fu, T.J., Leao-Comargo, A.P., Reyes-Ormeno, G.I., Marques, T., Barrios, L., & Pereira, A.I. (2017). International child abuse prevention: Insights from ACT Raising Safe Kids. *Child and Adolescent Mental Health*, 22, 194-200. Doi: 10.1111/camh.12238
- Howe, T.R. (2017). *Marriages & Families in the 21<sup>st</sup> Century: A Bioecological Approach (2<sup>nd</sup> Edition)*. Textbook published by SAGE.
- Howe, T.R. (2016). Drugs and drug culture. In S.J. Bronner and C.D. Clark (Eds.), *Encyclopedia of Youth Cultures*. Santa Barbara, CA: ABC-CLIO.
- Martin, J\*, & Howe, T.R. (2016). Attitudes toward mental health services among homeless and matched housed youth. *Child & Youth Services*, 37, 1-16. \*Graduate student in developmental psychopathology.
- Howe, T.R., Aberson, C.L., Friedman, H.S., Murphy, S.E.\*\*, Alcazar, E.\*, Vazquez, E.\*\*, & Becker, R.L.\* (2015). Three decades later: The life experiences and mid-life functioning of 1980s heavy metal groupies, musicians, and fans. *Self and Identity*, 14(5), 602-626. \*\*Undergraduate student; \*Graduate student in academic research. **NOTE: This paper won the award for “Best Paper of the Year”** from the International Society for Self and Identity.
- Howe, T.R., & Friedman, H.S. (2014). Sex and gender in the 1980s heavy metal scene: groupies, musicians, and fans recall their experiences. *Sexuality and Culture*, 18(3), 608-629.

#### PEER-REVIEWED PRESENTATIONS PAST DECADE:

- Williams, K\*, McGath, N\*, & Howe, T.R. (2019). Developmental task disruption mediates the link between childhood adversity and psychopathology. Presented at the Biennial Meeting of the *Society for Research in Child Development*, Baltimore, MD. \*Master’s student in developmental psychopathology.
- Galioto, A\*, Howe, T.R., Macias, G., & Camarena, J\*\*. (2019). Attachment, stress, and self-efficacy while parenting children on the autism spectrum. Presented at the Biennial Meeting of the *Society for Research in Child Development*, Baltimore, MD. \*Master’s student in developmental psychopathology; \*\*Undergraduate student.
- Williams, K\*, McGath, N\*, Gonzalez-Herrera, I\*, & Howe, T.R. (2019). Ethnic differences in adverse childhood experiences and the role of childhood SES. Presented at the conference for the *Western Psychological Association*, Pasadena, CA. \*Master’s student in developmental psychopathology.
- Howe, T.R. (2017, Invited). Derribar muros y construir puentes entre familias y comunidades (breaking down walls and building bridges between families and communities). Presented at *Congreso Juconi*, Puebla, Mexico.
- Galioto, A\*, Camarena, J\*\*, Kniola, \*\* A., & Howe, T.R., Macias, G., & You, H.K. (2017). Evaluation of the Special Beginnings Program for children on the autism spectrum. Presented at the conference for the *American Psychological Association*. Washington, D.C. \*Master’s student in developmental psychopathology; \*\*undergraduate student.
- Galioto, A\*, Camarena, J\*\*, Kniola, \*\* A., & Howe, T.R., Macias, G., & You, H.K. (2017). Perceptions of attachment, parental gratification and stress: an evaluation of the Special Beginnings Program. Presented at the conference for the *Western Psychological Association*. Sacramento, CA. \*Master’s student in developmental psychopathology; \*\*undergraduate student.
- Knox, M. (Chair), Altafim, E., Leao, A., Nishizawa, N., & Howe, T.R. (Discussant; 2017). Intercontinental child abuse prevention: Lessons from ACT Raising Safe Kids Program evaluations. Presented at the conference for the *American Psychological Association*, Washington, D.C.

- Howe, T.R. (2017). Using authentic writing assignments to increase critical thinking. Presented at the Biennial Meeting of the *Society for Research in Child Development*, Austin, TX.
- Barnett, J\*., Galioto, A\*., Kirakosyan, T\*., Goodspeed, B\*., & Howe, T.R. (2017). Multiple maltreatment and adverse childhood experiences: Exploring cumulative threats to attachment quality. Presented at the Biennial Meeting for the *Society for Research in Child Development*, Austin, TX. \*Masters students in developmental psychopathology.
- Howe, T.R. (2017, Invited). The ACT Raising Safe Kids Program. Presented at *Building Resilience for Children in Low and Middle Income Countries*. Anna Freud National Centre for Children & Families. London, UK.
- Howe, T.R. (2016, Invited). The neurodevelopmental impacts of toxic stress and trauma: Using mindfulness-based techniques for socioemotional resilience. Presented at the American Psychological Association's annual *ACT Leadership Conference*, Washington, D.C.
- Correale, M.\*, & Howe, T.R. (2016). Linking child maltreatment to adult couples' adjustment: Attachment style as a mediator. Presented at the *Conference for the Society for Research in Human Development*, Denver, CO. \*Master's student in developmental psychopathology.
- Howe, T.R. (2015). Teaching in developing nations: Philosophical and pedagogical issues. Presented at the Biennial Meeting of the *Society for Research in Child Development*, Philadelphia, PA.
- Howe, T.R. (2015, Invited). Developing the ACT Raising Safe Kids Violence Prevention Program in the Balkans. Presented at the American Psychological Association's annual *ACT Leadership Conference*, Washington, D.C.
- Howe, T.R. (2014, Invited). How neurodevelopmental research findings can enhance children's adjustment at school and home: Theory and applications. Presented at the *Conference for the Croatian Psychological Association*. Rovinj, Croatia.
- Howe, T.R. (2014, Invited). Using normal developmental milestones to inform wholistic assessment and treatment plans for young children. Presented at the *Conference for the Croatian Association for Early Childhood Intervention*. University of Zadar, Croatia. Also presented at the *Faculty for Social Rehabilitation*. University of Zagreb, Croatia.
- Howe, T.R. (2014, Invited). Neurodevelopmental versus traditional clinical approaches to assessment and treatment of childhood psychopathology. Presented at the *International Conference on Child and Family Maltreatment*. San Diego, CA.
- Correale, M.\*, Kiewel, L.\*\*, & Howe, T.R. (2014). Links between childhood maltreatment, adverse childhood experiences, and adult attachment quality. Presented at the *Conference for the Western Psychological Association*, Portland, OR. \*Masters student in developmental psychopathology; \*\* Undergraduate student.

#### GRANTS/HONORS PAST DECADE:

- 2021 – Received *Fulbright Specialist* grant to work with RUMBO (Bogotá Metropolitan University Network) for four weeks of trainings, workshops, and seminars, delivered to over 10 universities, on topics related to community-based research and program evaluation. Bogotá, Colombia.
- 2018 – Invited by *Railway Children Africa* for two weeks of social worker trainings on the *ACT Raising Safe Kids* Program. Mwanza and Iringa, Tanzania.

- 2017 – Received *Fulbright Specialist* Grant for two weeks of lectures on poverty, trauma, family violence, neurodevelopmental assessment, and other topics, as well as a 2-day *ACT Raising Safe Kids* violence prevention training for social workers. Volga Region State University of Service, Togliatti, Russian Federation.
- 2016 – Recognized with a certificate of appreciation by the *Humboldt County Children's Mental Health Summit* for exemplary contributions to children's mental health in Humboldt County.
- 2014 – Received *Fulbright Scholarship* for Lectureship project entitled, "Child Maltreatment Prevention in Post-Conflict Societies," for Fall semester, 2014, Zagreb and Zadar, Croatia.

#### NON-REFEREED AND EDITOR-REFEREED PROJECTS PAST DECADE:

- Howe, T.R. (2017). MedU trauma-informed care case author. Developed cases for online medical student and physician continuing education credits regarding the effects of trauma in health care settings.
- Howe, T.R. (2016, August 29). A quiet revolution: Developmental psychopathology as a cutting edge framework for understanding abuse and neglect. [Review of the book *Child Maltreatment: A Developmental Psychopathology Approach*]. *PsycCRITIQUES—Contemporary Psychology: APA Review of Books*
- Howe, T.R. (2014). Curator for W.W. Norton's Video Library for Keil's *Developmental Psychology* textbook.

#### COMMUNITY/CAMPUS PRESENTATIONS & PROFESSIONAL TRAININGS PAST DECADE:

- Howe, T.R. (March, 2022). Program Fidelity is Your Friend. Training for violence prevention professionals. *ACT Leadership Conference*, American Psychological Association, Washington, D.C.
- Howe, T.R. (August, 2018). ACEs and toxic stress in early childcare: Challenges and solutions. Training for 0-5 staff and administrators. *Northcoast Children's Services*, Fortuna, CA.
- Howe, T.R. (June, 2018). Building trauma-informed and relationally rich educational environments for preschoolers. Training for early childhood providers. *Little People's Corner*, Eureka, CA.
- Howe, T.R. (June, 2018). Stress and trauma: Recovery and resilience. Workshop for parents as part of *Think Babies! 0-8 Mental Health Collaborative*, Eureka, CA.
- Howe, T.R. (May, 2018). Building trauma-informed and relationally rich educational environments. *Klamath-Trinity Joint Unified School District; Hoopa Elementary and Middle Schools*. Hoopa, CA.
- Howe, T.R. (April, 2018). ACT Raising Safe Kids 2-Day Facilitator Training. *Humboldt County Office of Education*. Eureka, CA
- Howe, T.R. (April, 2018). Fundamentals of trauma-informed care. Training for day care providers through *Changing Tides Child Care Foster Bridge Grant*. Eureka, CA
- Howe, T.R. (April/May, 2018). ACEs and toxic stress in the classroom: Challenges and solutions. *In Service Training Series for Teachers; Redway School District*. Redway, CA.
- Howe, T.R. (March, 2018). Building trauma-informed and relationally rich educational environments. *Klamath-Trinity Joint Unified School District; Hoopa Valley High School*. Hoopa, CA.
- Howe, T.R. (2017). What every caregiver needs to know about toxic stress and trauma. Presented at *First Five Parenting Symposium*. Fortuna, CA.

- Howe, T.R., & Sousa, L. (2017). Building trauma-informed communities. Professional development continuing education seminar for social workers, counselors, teachers, and nurses. Presented at the *Humboldt County Office of Education*, Eureka, CA.
- Howe, T.R. (2016). Two-day professional training to certify 11 mental health clinicians in the ACT Raising Safe Kids program; three-hour training “Integrating Neurodevelopmental Frameworks into Assessment and Treatment of Child and Adolescent Psychopathology” for master’s in counseling students; lecture for undergraduate students, “Neurobiological Underpinnings of Healthy Relationships (and Red Flag Warnings for when to get away).” All presented at the *National Chengchi University*, Taipei, Taiwan.
- Howe, T.R. (2016). Neuroendocrine functioning and socioemotional adjustment in traumatized youth. Training for staff working with unaccompanied migrant children, *BCFS Health & Human Services, Residential Services Division*, Fairfield, CA.
- Howe, T.R. (2016). Domestic violence. Training for child support services staff, *Humboldt County Department of Health and Human Services Child Support Services Branch*.
- Howe, T.R. (2015). Applying a neurodevelopmental vs. traditional clinical approach to work with children in medical settings. Three sets of trainings for medical staff. *Southern Humboldt Community Healthcare District*, Redway, CA.
- Howe, T.R. (2014). The neuroscience of stress and trauma: What everyone needs to know about effects on children’s brain development. Public lecture presented at the *University of Zagreb, Croatia*.
- Howe, T.R. (2014). ACT Against Violence two-day violence prevention training for professionals. I trained 75 social welfare and education professionals in three training groups, under the auspices of the Counseling Center, *University of Zadar, Croatia*, and the Croatian Psychological Association and Faculty of Social Work, *University of Zagreb, Croatia*.
- Howe, T.R. (2014). Developing healthy relationships: Neurobiological and attachment issues. Presented as part of *Mental Health Week*. Humboldt State University.

#### MEDIA INTERVIEWS/PRESS QUOTES PAST DECADE:

- February, 2022 – Cal Poly Hum Podcast (KZZH) – “Bioecological Approaches to Families”
- April, 2018 – Artsofthought blog entry – “Raising a More Peaceful Generation”
- April, 2018 – *Fatherly* – “When can we leave children alone?”
- March, 2018 – *NextAvenue* – “Why do so Many Friendships End?”
- August, 2016 – *Wallethub.com* – “2016’s Best and Worst States to Have a Baby.”
- July/August, 2015 – *Worldwide* “viral” media attention - heavy metal research (separate document available with all media listed)
- February, 2015 – *Real Simple Magazine* – “Helping Children Navigate Cliques”
- December, 2014 – *Times-Standard (Humboldt County)* – How Adverse Childhood Experiences Affect Families in Humboldt County.
- February, 2014 – *Parents Magazine* and *Parents.com* – “New Mom Milestones”

#### PROFESSIONAL ACTIVITIES PAST DECADE:

- *Community and Professional Work:*  
(National/International):

2017-2022 – Research 2 Policy Collaboration- Consulting Scientist for Congressional Briefings.

<https://research2policy.org/participating-researchers/>

2017-2020 – Reviewer for Fulbright Scholar applications

2011-2017 – Scientific Reviewer for the National Registry of Evidence-Based Programs and Practices

(NREPP) for The United States Substance Abuse and Mental Health Services Administration (SAMHSA)

2012-2014– APA’s Task Force on Promoting Positive Parenting in the Context of Homelessness

2012-2014 – Society for Research in Child Development Teaching Mentor for Early Career Psychologists

2006-Present – APA’s ACT Raising Safe Kids Evaluation Research Advisory Board

2008-2020 – Consultant for Croatia, Cyprus and Greece - ACT program and child maltreatment program development.

2006-2017 – Editorial Board *PsycCritiques* (book reviews for the American Psychological Association)

2002-Present – APA’s media contact list

(Local):

2018-Present – First 5 Speaker’s Bureau trainer

2012-2020 – Member of Humboldt County 0-8 Mental Health Collaborative Planning and Advisory Board

2004-2016-Supervisor/coordinator for college student tutors/mentors in Eureka City Schools' Homeless Education Project and regular elementary school campuses.

2005-Present – Master Trainer for ACT Raising Safe Kids child abuse prevention program. Training, advising, and consulting for community agencies throughout Humboldt County, nationally, and internationally. Trained by the American Psychological Association.

2009-Present – Consultant for child custody and other family legal cases – Humboldt County.

▪ Service:

(To Humboldt State University):

2017-2021 – Department Chair, Psychology (oversaw department of 18 faculty, 5 staff, and 600 students; budgeting, personnel management, course scheduling, conflict mediation, program review; curriculum development; evaluating staff & faculty for retention, tenure, and promotion; shepherded the department within a week to transition to online learning and led the department through COVID-19)

2020-Present – Member of HSU ICC (Integrated Curriculum Committee: worked on strategic plan, departmental reviews, curricular changes, etc.)

2018-2021 – Member HSU DEIC (Diversity, Equity, and Inclusion Council: served on faculty development subcommittee and on creating new HSU mission/vision statement)

2018-2019 – Member of CSU Middle Leadership Academy (HSU’s team focused on DEI training and faculty development)

2017-2022 – Psychology Department Personnel Committee (Chair 2018-19),  
Chair of several search committees for faculty and staff hires

2014-2016 – Retention, Tenure, and Promotion Mentor for New Faculty, College of Professional Studies

2013-2020 – Portfolio Reviewer for School Psychology Master’s Candidates

2012-2016– University Faculty Personnel Committee (Chair, 2015-2016)

2012 & 2014 – College of Professional Studies Associate Dean Search Committees

2012-2017 – Psychology Department Search Committee (Affirmative Action Advocate, Chair)

2003-2016 – Chair or member of Dr. Chester Collins Scholarship Selection Committee

2003-Present – Academic Research/5<sup>th</sup> Year Master's Graduate Program Committee

▪ Professional Reviewing:

2019-present; Manuscript reviewer for *Child and Youth Services Review*

2017-present; Manuscript reviewer for *Culture and Sexuality*

2014-present; Manuscript reviewer for *Review of European Studies*

2014-present; Manuscript reviewer for *Professional Psychology: Research and Practice*

2012-2019; Regular reviewer for Psychology books and materials for W.W. Norton

2013/2015 – Reviewed W.W. Norton's textbook *Psychology in Your Life* by Grison, Heatherton & Gazzaniga