

Povheng (Heng) Yam

Povheng.Yam@humboldt.edu

EDUCATION

California Polytechnic State University, Humboldt

Arcata, CA

Master of Arts, Psychology, Academic Research in Psychology, August 2025, GPA: 4.0

Bachelor of Arts, Psychology, August 2025, GPA: 4.0, *summa cum laude*

❖ Advisor: Dr. Amanda Hahn, PhD

College of the Redwoods

Eureka, CA

Associate of Science in Mathematics, May 2022, *Graduation with Highest Honors*

Associate of Arts in Humanities & Communications, May 2022, *Graduation with Highest Honors*

Associate of Arts in Science, May 2022, *Graduation with Highest Honors*

PUBLICATION

Yam, P. & Hahn, A. C. (2025). Exploring the placebo effect on the cortisol stress response. *Cal Poly Humboldt Theses and Projects*. 2326. <https://digitalcommons.humboldt.edu/etd/2326>

GRANTS

- ❖ Cal Poly Humboldt, "Sustainable Humboldt Innovative Futures Trust" 2026 -2027 (Planning)
- ❖ Cal Poly Humboldt, "Associated Students Budget," \$21,880 2026 -2027 (Submitted)

TEACHING EXPERIENCE

California Polytechnic State University, Humboldt

Arcata, CA

Department of Psychology

Lecturer

❖ PSYC 104: Introduction to Psychology (Spring 2026)

Graduate Teaching Assistant

❖ PSYC 578/478: Analysis of Variance (Spring 2025)

❖ PSYC 641: Research Methods: Philosophy and Design (Fall 2024)

❖ PSYC 511/411: Advanced Social Neuroscience (Fall 2024)

❖ PSYC 109: Intro to Psychological Statistics (Fall 2023 - Spring 2024)

Teaching Assistant

❖ PSYC 240: Foundations of Research Methods (Fall 2024)

❖ PSYC 321: Intro Behavioral Neuroscience (Fall 2023)

Learning Center

Math Lab Tutor (Fall 2022 - Spring 2025)

❖ PSYC 109: Psychological Statistics

❖ PSYC 578/478: Analysis of Variance

❖ PSYC 588/488: Regression & Multivariate Topics

- ❖ STAT 109: Introductory Biostatistics
- ❖ MATH 101: College Algebra
- ❖ MATH 101T: Trigonometry
- ❖ MATH 105: Calculus for the Biological Sciences and Natural Resources
- ❖ MATH 109: Calculus I

College of the Redwoods

Eureka, CA

Academic Support Center

Peer Tutor (Fall 2021 - Spring 2022)

- ❖ MATH 30: College Algebra
- ❖ MATH 50A: Calculus I

GUEST LECTURES

California Polytechnic State University, Humboldt

Arcata, CA

Department of Psychology

- ❖ PSYC 325: Advanced Behavioral Neuroscience (Spring 25)
- ❖ PSYC 240: Foundation of Research Methods (Fall 24)
- ❖ PSYC 325: Advanced Behavioral Neuroscience (Spring 24)
- ❖ PSYC 321: Introduction to Behavioral Neuroscience (Fall 23)

CONFERENCE PRESENTATION

Yam, P., Jimenez-Delgado, S., & Hahn, A. C. (2025, May). The baby stress paradigm: A preliminary analysis of stress responses to baby doll crying [**Poster** presentation]. ideaFest 2025, California State Polytechnic University, Humboldt. Arcata, CA.

Yam, P., Jimenez-Delgado, S., Boone, N., Dolan, D., & Hahn, A. C. (2025, May). Does having siblings affect the recognition of children's emotional displays? [**Poster** presentation]. ideaFest 2025, California State Polytechnic University, Humboldt. Arcata, CA.

Jimenez-Delgado, S., **Yam, P.**, & Hahn, A. C. (2025, May). Beyond the five-finger discount: Monetary motivations behind shoplifting [**Poster** presentation]. ideaFest 2025, California State Polytechnic University, Humboldt. Arcata, CA.

Yam, P., Jimenez-Delgado, S., & Hahn, A. C. (2025, May). The baby stress paradigm: A preliminary analysis of stress responses to baby doll crying [**Poster** presentation]. Western Psychological Association. Las Vegas, NV.

Yam, P., Jimenez-Delgado, S., Boone, N., Dolan, D., & Hahn, A. C. (2025, May). Does having siblings affect the recognition of children's emotional displays? [**Poster** presentation]. Western Psychological Association. Las Vegas, NV.

Jimenez-Delgado, S., **Yam, P.**, & Hahn, A. C. (2025, May). Beyond the five-finger discount: Monetary motivations behind shoplifting [**Poster** presentation]. Western Psychological Association. Las Vegas, NV.

Jimenez-Delgado, S., Yam, P., Boone, N., Burns, C., Zhang, A. L., Messina, F., ... & Hahn, A. (2024). Revisiting the Five Finger Discount: Shoplifting as a reproductive strategy for increasing mate

value [Conference Presentation **Abstract**]. *Human Ethology*, 39(Suppl 1), S29.

<https://doi.org/10.22330/001c.120669>

Jimenez-Delgado, S., **Yam, P.**, Boone, N., & Hahn, A. C. (2024, May). Revisiting the five-finger discount: Shoplifting as a reproductive strategy [**Poster** presentation]. ideaFest 2024, California State Polytechnic University, Humboldt. Arcata, CA.

Yam, P., Rosales-Vijil, E., Boone, N., Francesca, F., & Hahn, A. (2024, July). Individual differences in the coordinated behavioural and physiological immune response to pathogenic threat [Conference Presentation **Abstract**]. *Human Ethology*, 39(Suppl 1), S66.

<https://doi.org/10.22330/001c.120707>

Yam, P., Rosales-Vijil, E. J., Boone, N., Messina, F., & Hahn, A. C. (2024, May). Individual differences in the coordinated behavioral and physiological immune response to pathogenic threat [**Poster** presentation]. ideaFest 2024, California State Polytechnic University, Humboldt. Arcata, CA.

Yam, P., Rosales-Vijil, E. J., Boone, N., Messina, F., & Hahn, A. C. (2024, April). Individual differences in the coordinated behavioral and physiological immune response to pathogenic threat [**Poster** presentation]. Western Psychological Association, San Francisco, CA.

Yam, P., Motter, E. M., Aberson, C. L., & Hahn, A. C. (2023, May). The effects of oral contraceptives on mood and affect: A meta-analysis [**Poster** presentation]. ideaFest 2023, California State Polytechnic University, Humboldt. Arcata, CA.

WORKSHOP PRESENTATION

Yam, P., Huynh, A., Climaco, M., & Atienza, P. M. (2025, April). Leadership in action: Lessons from ADPI+MENA on building and sustaining cultural spaces [**Workshop** presentation]. Asian and Pacific Americans in Higher Education (APAHE), Oakland, CA.

DEPARTMENTAL AND UNIVERSITY SERVICE

California Polytechnic State University, Humboldt

Arcata, CA

Social Justice Summit

❖ Event Organizer/Collaborator (Spring 2026)

Sexual Assault Prevention Program

❖ Committee member (Fall 2025 - Present)

El Centro Académico Cultural de Humboldt

❖ Co-presenter (Spring 2026)

❖ Lead presenter (Spring 2025)

International Education Week

❖ Co-presenter (Spring 2026)

❖ Co-presenter (Spring 2023)

Scholars Without Borders

❖ Graduate School Panelist (Spring 2026)

❖ Mental Health Awareness Volunteer (Fall 2025)

Behavioral Endocrinology Research Lab

❖ Lab Representative, 2025 Fall Orientation (Fall 2025)

- ❖ Lab Representative, 2025 Spring Preview (Spring 2025)
- ❖ Lab Representative, American Indian College Motivation Day (Fall 2024)
- ❖ Lab Representative, 2024 Fall Orientation(Fall 2024)

International Society for Human Ethology Conference

- ❖ Organizing Committee (Fall 2024)

Center for Teaching and Learning

- ❖ Faculty Orientation Student Panelist (Fall 2024)

Campus and Community Dialogue on Race

- ❖ Co-presenter (Fall 2024)

Asian, Desi, Pacific Islander, Middle Eastern & North African Center

- ❖ Hiring Committee (Fall 2024)

OTHER SERVICE

CSU Asian American Native Hawaiian Pacific Islander Student Achievement Program (CSU ASAP) Remote

- ❖ Program Evaluator (January 2026 - Present)

The Community Access Project (C.A.P.E.) for Eureka

Eureka, CA

- ❖ Volunteer (June 2025)

Cambodian Student Association in the United States of America (CSAUSA)

Remote

- ❖ Co-vice president (October 2022 - November 2023)
- ❖ Co-founder and Art and Creative Director (January 2021 - October 2022)

RESEARCH EXPERIENCE

California Polytechnic State University, Humboldt

Arcata, CA

Behavioral Endocrinology Research Lab

- ❖ Co-Investigator (Fall 2025 - Present)
- ❖ Lab Manager (Fall 2024 - Summer 2025)
- ❖ Graduate Researcher (Fall 2024 - Summer 2025)
- ❖ Secretary (Spring 2023 - Fall 2024)
- ❖ Research Assistant (Fall 2022 - Spring 2023)

Health Behavior Research Lab

- ❖ Research Assistant (Fall 2022 - Spring 2024)

Asian, Desi, Pacific Islander, Middle Eastern & North African Center

- ❖ Researcher & Data Analyst (Fall 2023 - Spring 2025)

PROFESSIONAL EXPERIENCE

California Polytechnic State University, Humboldt

Arcata, CA

Centers for Inclusive Academic & Career Excellence

- ❖ ADPI+MENA Center Coordinator (Fall 2025 - Present)

Orientation

- ❖ Orientation Leader (Fall 2023 - Spring 2025)

AWARDS & SCHOLARSHIPS

- ❖ College of Professional Studies Student Professional Fund (\$250) — *Cal Poly Humboldt, 2025*
- ❖ Graduate Student Spotlight — *The Office of Graduate Studies, Cal Poly Humboldt, 2024*
- ❖ Dr. Chester Collins Memorial Psychology Scholarship (\$1500) — *Cal Poly Humboldt, 2024*
- ❖ College of Professional Studies Student Professional Fund (\$250) — *Cal Poly Humboldt, 2024*
- ❖ Trauma-Sensitive Mindfulness Scholarship (\$1397) — *David Treleaven, 2023*
- ❖ Humboldt International Student Scholarship (\$2376) — *Cal Poly Humboldt, 2023*
- ❖ Humboldt Student Award (\$250) — *Cal Poly Humboldt, 2023*
- ❖ Humboldt First Scholarship (\$1000) — *Cal Poly Humboldt, 2023*
- ❖ HSU Student Success Scholarship (\$2000) — *Cal Poly Humboldt, 2022*
- ❖ Humboldt First Scholarship (\$2000) — *Cal Poly Humboldt, 2022*
- ❖ Humboldt International Student Scholarship (\$2376) — *Cal Poly Humboldt, 2022*

CERTIFICATIONS

- ❖ **Good Clinical Practice**, National Institute on Drug Abuse Clinical (NIDA) Trials Network.
- ❖ **Advanced Trauma-Sensitive Mindfulness**: Widening the Window of Tolerance and Supporting Trauma Recovery, David Treleaven. (In-progress)
- ❖ **Trauma-Sensitive Mindfulness**: The Introductory Guide to Recognizing Trauma, Responding Skillfully, and Preventing Retraumatization, David Treleaven.
- ❖ **Social and Behavioral Research**, Collaborative Institutional Training Initiative (CITI).
- ❖ **Mental Health for Higher Ed and Healthcare**, Collaborative Institutional Training Initiative (CITI).
- ❖ **International Tutor Training Program Certification**, College Reading and Learning Association.

PROFESSIONAL MEMBERSHIPS

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| ❖ CSU Asian American, Native Hawaiian, and Pacific Islander Student Achievement | 2025 - Present |
| ❖ AANHPI Middle Leadership Academy (AMLA) | 2025 - Present |
| ❖ Asian Pacific Americans in Higher Education (APAHE) | 2024 - Present |
| ❖ International Society for Human Ethology (ISHE) | 2024 - 2025 |
| ❖ Western Psychological Association (WPA) | 2024 - 2025 |
| ❖ American Psychological Association (APA) | 2025 - 2026 |

MEDIA & PUBLIC ENGAGEMENTS

- ❖ ADPI+MENA transitions into a cultural center with a coordinator hire, *El Leñador, 2026*
- ❖ Student Spotlight, Psychology students commended for research work, *The Lumberjack, 2025*
- ❖ ADPIC traditional clothing showcase, *El Leñador, 2024*
- ❖ Student of the Week, *North Coast News TV, 2020*