

# Academic Advising Overview.



# ➤ Introductions and Check-in

- Name/Pronouns
- Position/Department
- Please share your response to one:
  - In your role as faculty, how have you seen your students grow from advising/mentoring?
  - Who has been a valued advisor to you and what qualities did they possess that worked well?

# ➤ Agenda

- Introductions and Check-in
- Student Overview
- Advising Approaches and Strategies
- General Education Review
- Math and English Categories
- DARS Degree Planner
- Questions and Answers



# ➤ **ACAC Services for Faculty**

- **ACAC Website: [acac.humboldt.edu/stafffaculty](http://acac.humboldt.edu/stafffaculty)**
  - Academic advising and career resources
  - Supporting students on academic probation
  - Career Curriculum Integration
  - Class presentations [sites.humboldt.edu/ACACPresentationRequest](http://sites.humboldt.edu/ACACPresentationRequest)
  - First and Second Year Advising Syllabus
  - Faculty training sessions (general and departmental)



# ➤ Professional Resources for Faculty

- **Faculty Advising Fellows**

- CAHSS - Sara Hart
- CPS - Maria Iturbide
- CNRS - Erin Kelly



- **NACADA (National Academic Advising Association)**

- [www.nacada.ksu.edu](http://www.nacada.ksu.edu)

- **NACE (National Association of Colleges and Employers)**

- **Working Groups**

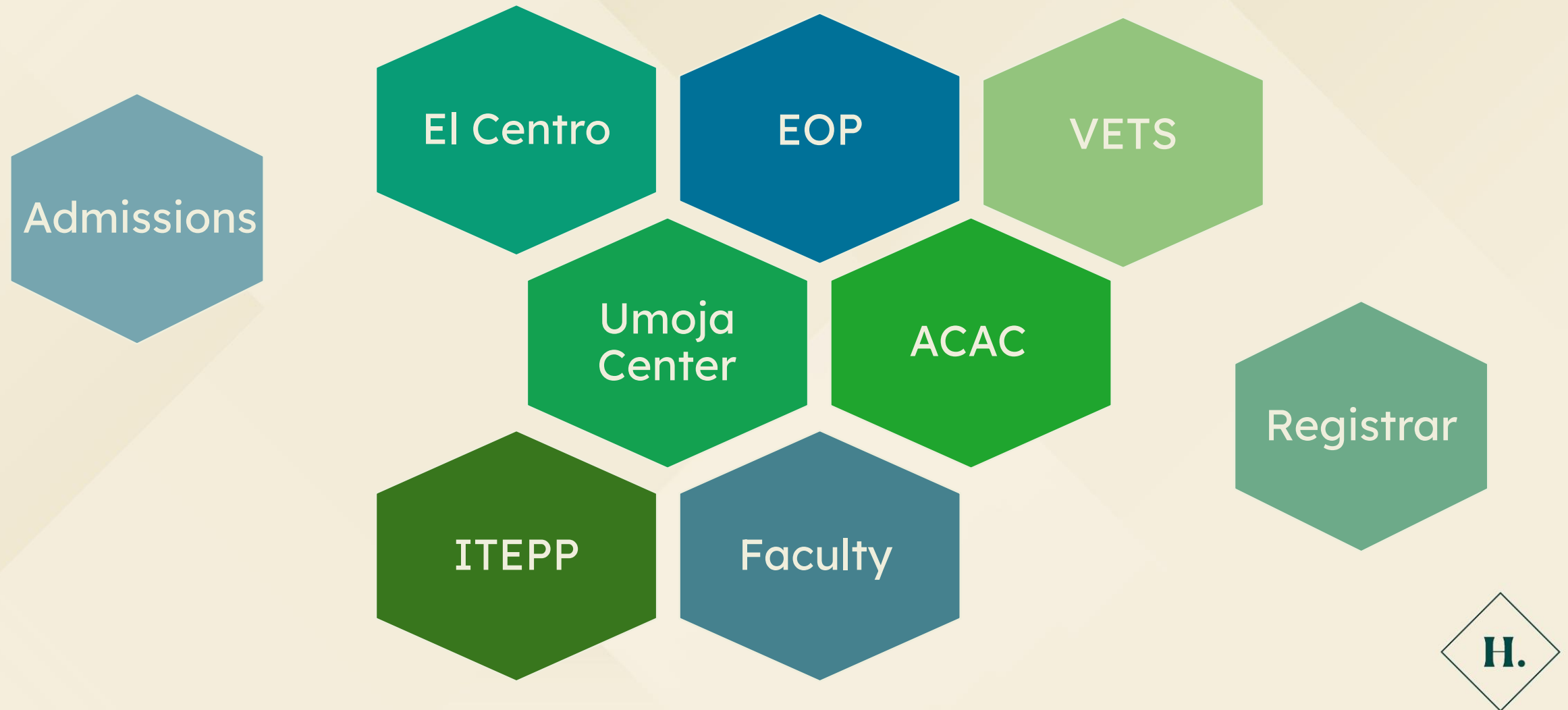
# ➤ **Academic Advising**

**Helps students make the most of their college experience**

- Facilitate timely degree completion
- Create inclusive and supportive environments
- Support student development and decision making
- Explain curriculum, degree requirements, policies, procedures
- Connect students' education to their personal and professional goals
- Connect students to resources (e.g. Learning Center, CCAEs) and opportunities to enhance their education (e.g. study abroad, internships)



# > **Advising at Humboldt**





# ➤ Advising Styles

**Advising styles have evolved in response to changing student need**

- Prescriptive
- Developmental
- Holistic
- Intrusive/Proactive



# ➤ Advising Styles

- **Prescriptive**

- Advisor is mainly concerned with students' academic life
- Communication is one-way from advisor to student
- Advisor provides information mainly about courses and schedules
- 'Prescribing' what a student should do; telling them what to take and when

# ➤ Advising Styles

- **Developmental**

- Intentional process that facilitates students' academic, professional, and personal development.
- Concern for the student's total education, in and out of class
- Account for students' interests, abilities, strengths
- Recommendations are made based on student input

# ➤ Advising Styles

- **Holistic**

- Holistic advising takes into consideration all the complexities of the person
- Demonstrates sensitivity to differences in culture and gender

“You are more than a test score.”

# ➤ Advising Styles

- **Intrusive/Proactive**

- Fosters intentional student contact with the goal of developing a caring relationship that leads to increased academic motivation and persistence
- Advisors take a preemptive or proactive approach that anticipates and helps to eliminate concerns, roadblocks, and barriers impacting student success

# **Effective Advising Strategies**

- Proactive, regular, and timely outreach provides comfort to students
- Prepare for meetings by reviewing DARS and previous meeting notes
- Stay current on campus policies, opportunities
- Learn about campus departments to make appropriate referrals
- Develop meaningful relationships with students through holistic conversations



# ➤ **Advising Conversations**

- **Create a welcoming and inclusive environment**
- **Build trust and credibility**
- **Ask open-ended questions**



# ➤ **Humboldt Students in Context**

## **Percent of Cal Poly Humboldt Students Experiencing:**

- Feelings of Loneliness - 59%
- Financial Insecurity - 57%
- Food Insecurity - 43%
- Depression Symptoms - 39%
- Low Income - 38%

**51% of Cal Poly Humboldt students are First Generation**



# ➤ **Campus Resources\* and Partners**

- Learning Center
- Library
- Office of the Registrar
- Financial Aid
- Retention through Academic Mentoring Program
- Housing & Residence Life / Dining Services
- Student Health and Wellbeing Services
- Counseling and Psychological Services
- Student Disability Resource Center
- Cultural Centers for Academic Excellence
- Academic and Career Advising Center :)

\*Not an exhaustive list



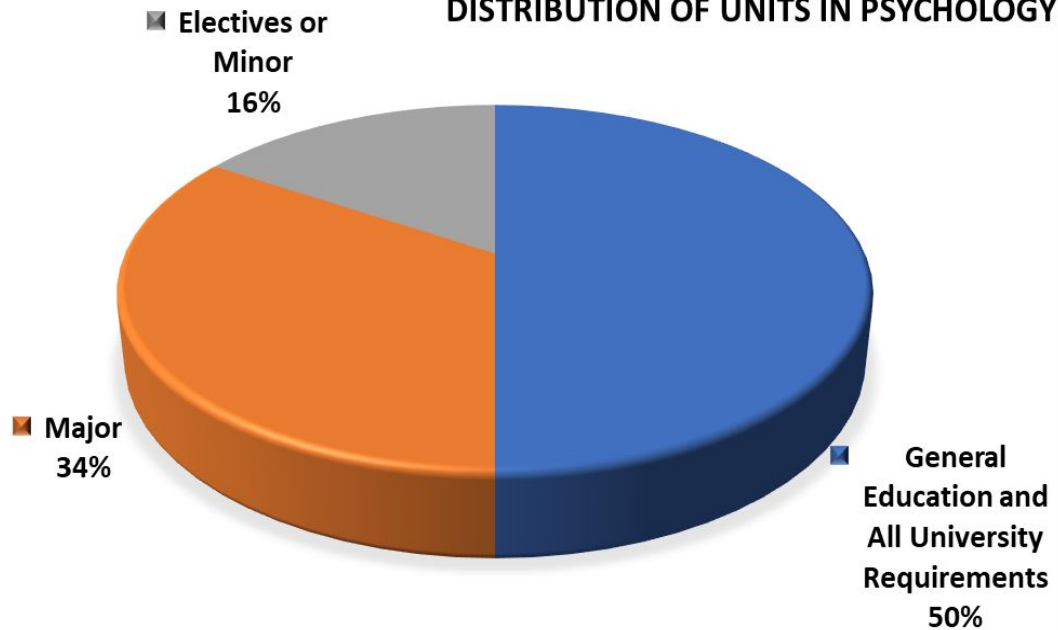


# **➤ General Education and All-University Requirements (GEAR)**

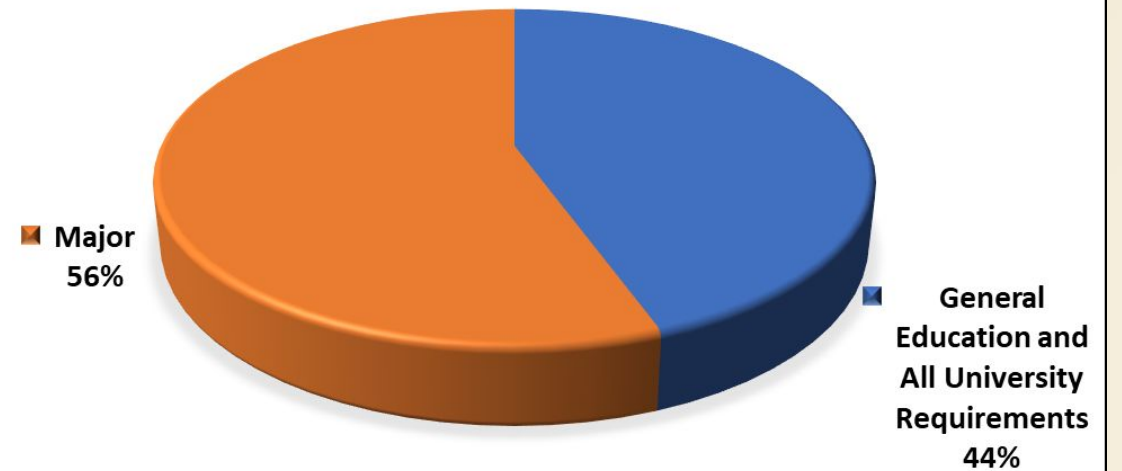
- **General Education (GE) is part of the major degree program**
- **DARS Degree Planner allows you to review both GE and major requirements with your advisees**
- **GE has undergone significant changes at Humboldt and system-wide**

# > GEAR Distribution Examples

DISTRIBUTION OF UNITS IN PSYCHOLOGY



DISTRIBUTION OF UNITS IN ENVIRONMENTAL RESOURCE ENGINEERING





# ➤ Lower Division General Education

***GE courses numbered 100-109 and 200-209. 39 total units***

- **Area A - English Language Communication and Critical Thinking - 9 units**

- Written Communication, Oral Communication, Critical Thinking

- **Area B - Math and Science - 9 units**

*(Science must include a laboratory activity)*

- Life Science, Physical Science, Mathematics

- **Area C - Arts and Humanities - 9 units**

- One course in Arts, one in Humanities, + one in either

# **> Lower Division General Education continued...**

- **Area D - Social Sciences - 6 units**
  - Two courses in at least two different disciplines
- **Area E - Lifelong Learning and Self-Development - 3 units**
- **Area F - Ethnic Studies - 3 units**
  - Three units at the lower or upper division level

# **Upper Division General Education**

***Upper Division GE Courses numbered 300-309***

***9 total upper division units***

- **Area B - Math and Science - 3 units**
- **Area C - Arts and Humanities - 3 units**
- **Area D - Social Sciences - 3 units**

***48 total lower and upper division GE units***

“Good advising may be the single most underestimated characteristic of a successful college experience.” -Light, R.J. (2001)

# ➤ All University Requirements

- **American Institutions - 6 units**

- US History
- US and California Government
- *Can double count with Lower Division GE Area D or F*

- **Diversity and Common Ground - 6 units**

- One course must have a domestic focus
- The other course can have a domestic or non-domestic focus
- *Possibility of double counting in GE Areas B, C and D*

# ➤ Math and English Categories

All students are assigned a placement category (1-4) in Math and English based on a “Multiple Measures”

- Category I: GE Math or English satisfied
- Category II: GE Ready
- Category III: GE Ready, support optional
- Category IV: GE Ready, support required

\*Students who want to challenge their math placement or start at a level above Math 102 can take the ALEKS PPL placement test.  
[math.humboldt.edu/ge-math/placement-testing](http://math.humboldt.edu/ge-math/placement-testing)

# **General Education Advising Tools**

## **[catalog.humboldt.edu](https://catalog.humboldt.edu)**

- Major Academic Plan (MAP)
- GEAR Planning Guide
- The online Catalog

## **[registrar.humboldt.edu/dars-degree-planner-guide](https://registrar.humboldt.edu/dars-degree-planner-guide)**

- DARS Degree Planner

## **[studentcenterhelp.humboldt.edu](https://studentcenterhelp.humboldt.edu)**

- Student Center Help



## ➤ **Zoom Poll**

Please ask any questions  
through our anonymous Zoom  
poll.

# **DARS Degree Planner**

- Student Perspective:
  - Helps them see their “path to graduation”
  - Avoids prerequisite surprises.
  - Saves time and money by graduating on time.
- Institutional Perspective
  - Helps departments more accurately predict course enrollment.
  - Allows advisors to have more time for rich conversations.

[registrar.humboldt.edu/dars-degree-planner-guide](https://registrar.humboldt.edu/dars-degree-planner-guide)

# ➤ Review

- Advising approaches and strategies
- Campus resources for students and faculty
- General Education as a part of the degree program
- DARS Degree Planner

**Questions?**

**Thank you for attending!**



Academic & Career Advising Center  
Lower Library 27, 707-826-3341, email: [acac@humboldt.edu](mailto:acac@humboldt.edu), web: [acac.humboldt.edu](http://acac.humboldt.edu)

# ➤ Campus Resources\*

- Learning Center
- Library
- Office of the Registrar
- Financial Aid
- Retention through Academic Mentoring Program
- Housing & Residence Life / Dining Services
- Student Health and Wellbeing Services
- Counseling and Psychological Services
- Student Disability Resource Center
- Cultural Centers for Academic Excellence
- Academic and Career Advising Center :)

\*Not an exhaustive list

# ➤ **ACAC Initiatives (Shared Advising)**

- Advising as a partner in retention
- Shared Advising/Coordination and Communication – Fellows/Roundtable
- Proactive Advising Models
- Expansion of full-time, embedded advisors
- Campus-wide Training and Support
- Re-envisioning and Supporting Probation
- Technology
- Assessment

# ➤ Partners in Advising

- Admissions
- Center for Community Based Learning
- Cultural Centers for Academic Excellence
- Financial Aid
- Housing
- Office of the Registrar
- Place Based Learning Communities
- Retention through Academic Mentoring Program
- Student Disability Resource Center
- Veteran Enrollment Transition Services





# **Advising Fellows**

- Listening Tour
- Working Group
- Proactive Advising, Address Concerns, Best Practices, Flexibility
- Reimagining Academic Probation
- Canvas - Advising Corners and other Resources
- Faculty Advising Training – Condensed Prof. Adv. Training
- Technology – Advising Software