

# Colorado Ecosystem Field Studies

## 2024 Course Syllabus

Conducted by **Ecosystem Field Studies**



### A 3-WEEK, COLLEGE-ACCREDITED, HANDS-ON SCIENTIFIC ANALYSIS OF THE MAJESTIC COLORADO ROCKY MOUNTAIN ECOSYSTEM

**COURSE CREDITS:** ENST 391-Colorado Ecosystem Field Studies for 3 undergraduate semester transfer credits through the Environmental Studies Program of the University of Montana at Missoula and is open to students from any university or major. *\*\*\*While over 190 universities accept EcoFS courses for transfer credit, students must confirm with their department concerning exactly how these credits will transfer for their degree.\*\*\**

**DATES:** July 19- August 8, 2024

**CLASS SIZE:** 18-22 Students

**INSTRUCTOR:** Steve Johnson, Affiliate Faculty of University of Montana Environmental Studies Program

**CONTACT HOURS:** Each day runs 8:30 am to 4:30 pm with a half-hour break: Total contact hours = 153 (20 days of 7.5 hours, 1 day (Day 9) of 3 hours)

**DESCRIPTION:** EcoFS and Cal-Wood Education Center offer a unique opportunity to study a healthy and diverse Colorado Rocky Mountain ecosystem. Daily hikes, ecosystem explorations and hands-on scientific investigations create a robust, ecologically based academic learning experience. Students synthesize & apply information they have gained from their classroom & textbook context while actively studying & exploring a spectacular mountain environment.

To learn more & **APPLY**- visit

[www.ecofs.org](http://www.ecofs.org)





# ECOSYSTEM Field Studies

This is Where Your  
Classroom Education  
Comes to Life!

**Colorado Ecosystem Field Studies** is a hands-on, 21-day field class that provides incredible academic opportunities for experiential investigation of Rocky Mountain ecosystems. Ecological concepts & field methods of the Rocky Mountains are examined in greatest detail, yet the knowledge & techniques gained are applicable to any ecosystem. Instruction is delivered with inquiry-based activities incorporating observation & data collection, small working groups, lecture, focused exploration through daily hikes & explorations, guest speakers & off-site trips. During the second half of the course students create and implement an original ecosystem field research project.

## Course Objectives:

### Students will...

- \* Achieve a deep knowledge base of the structure & functioning of the Colorado Rocky Mountain ecosystem.
- \* Gain expertise in utilizing a variety of ecosystem field tools & techniques.
- \* Learn rigorous scientific research skills including observation, hypothesis formation, sampling, mapping, modeling & data analysis.
- \* Develop a passion for a particular academic or career path within ecosystem science.
- \* Participate positively in a safe, rewarding & challenging group hiking/camping experience.

## Course Location

### Nestled in the Colorado Front Range at an incredible basecamp at 8,000 ft.

Cal-Wood Education Center is a private, non-profit organization located on 1,200 acres in the foothills of the Front Range of the Rocky Mountains. It is located approximately 45-minutes northwest of Boulder and surrounded by US National Forest & just a few miles outside of Rocky Mountain National Park. This spectacular learning center lies at an elevation of 7,500-8,500 feet & contains miles of trails & vast tracts of montane forest, lush meadows, ponds, streams, & highly abundant wildlife.

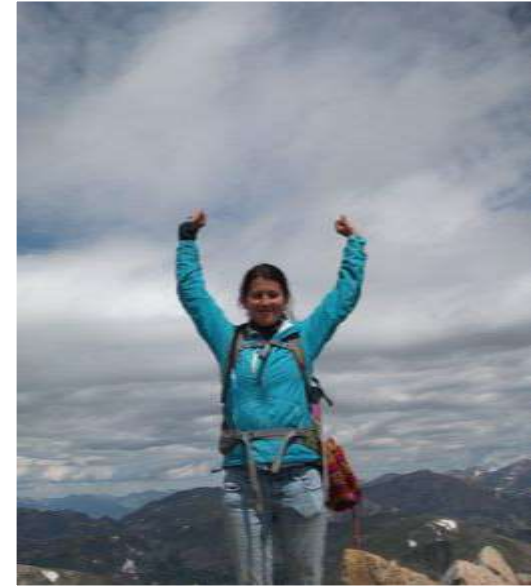
Cal-Wood is utilized for a variety of educational programs such as school groups, professional trainings, retreats & summer camps. Cal-Wood has a conservation easement on the property & conducts an active natural resource management program with projects in forestry, wildlife, & non-native plant species. This course is based out of Cal-Wood's secluded, spacious Solitude Camp. Visit [www.calwood.org](http://www.calwood.org) for more info.

## A Typical Day...

### Our days are filled with academic adventure while hiking & exploring the Rocky Mountains

Students camp in individual tents and wake to a delicious camp breakfast. Typically, we have a morning class session with a short lecture relating to topics & activities of the day. We then hike to various areas of Cal-Wood for focused exploration & structured field activities with observation & data collection in small work groups. See details on topics and activities below. Expect 1-2 hours of lecture time and a 1/2-hour lunch break at a scenic location. There are four exciting off-site field trips to study other Colorado ecosystems. The first half of the course includes nightly homework assignments that synthesize & apply data & observations from the day. The second half phases into independent study relating to independent research projects.

The group returns to camp each day at 5:00pm, happy, tired & filled with the energy of natural discovery and scientific investigation. Total daily hiking averages 2-5 miles in rugged terrain & often off-trail. Students enjoy a healthy & hearty camp dinner (you will not go hungry!). The remainder of the day & evening is unstructured allowing for tent-work (homework), independent study, & personal time. We utilize the main Cal-Wood lodge for hot showers, wifi, laundry & emergencies. Campfires are a welcome end to the day at camp before a well-deserved rest.





# Course Schedule of Topics & Activities:

Each day runs 8:30am-4:30 pm with a 30-minute lunch break.

## Day 1- Cal-Wood & Camp Orientation

Pick-ups in Boulder for transport to Cal-Wood Education Center  
To Solitude Camp base-camp - Introductions, camp setup

### Lecture/discussion topics:

**Outdoor safety** - emergency scenarios & procedures, wildlife & other environmental concerns, health & hygiene  
**Course overview** - syllabus, educational approach

## Day 2- Rocky Mountain Geography & Climatology

### Lecture/discussion topics:

**Colorado geography** - landscape features, topographical analysis  
**Maps** - types, terms, research uses, GIS & Google Earth  
**Climatology** - global & local processes, mountain factors, measurement, importance to ecosystems

### Field activities:

**North vs. south facing slope site comparison** - create transects & measure climatological & geographic variables such as slope angle, aspect, elevation, air & ground temperature/humidity, cloud type/cover  
**Map skills** - use of topographic maps  
**Compass** - bearing & pacing skills, utilization for transects & research

## Day 3- Biodiversity- macroinvertebrate collections

### Lecture/discussion topics:

**Biodiversity**- species concept, adaptations, richness & abundance, diversity types & indices, research techniques  
**Cal-Wood invertebrate overview**- common aquatic & terrestrial groups, importance & role in ecosystem, collection & observation methods  
**Field observation & the scientific method**- scientific observations & recording

### Field activities:

**Biological collections** - collect, observe, & identify terrestrial & aquatic macro-invertebrates, compare populations in varied communities, analyze adaptations  
**Animal communication study** - observe & classify animal calls & sounds

## Day 4- Geology- rock & landscape investigations

### Lecture/discussion topics:

**Geologic processes** - geologic timescale, plate tectonics, erosion, importance to ecosystem structure & functioning  
**Formation of Colorado Rocky Mountains & the Front Range**- major geologic episodes, landscape features, mining history  
**Rocks & minerals** - Front Range rock & mineral types, identification methods, human use, minerals & biotic organisms

### Field activities:

**Geologic investigation** - hike the Cal-Wood valley to observe, map & measure geologic features, formations & mineral deposits  
**Rock/mineral collection** - analyze & identify rocks & minerals using geologic hammers & hand lens

## Day 5- Ecosystem Ecology- soil & water analysis

### Lecture/discussion topics:

**Abiotic ecosystem processes** - biogeochemical cycles, energy flows  
**Soil** - formation, composition, classification, ecosystem importance  
**Water** - physical & chemical factors, mountain hydrology, measurement techniques

### Field activities:

**Soil analysis & collection** - dig soil pits, identify horizons, measure water infiltration rate, soil moisture, temperature. In lab setting classify soil texture, sorting, & perform chemical tests for Ph, NPK levels. Compare parameters in different habitat types.  
**Water quality analysis** - chemical/physical tests of pond & stream. Measure turbidity, flow, temperature, Ph.

## Assignments

+Percentage of Overall Grade

35% = Daily reading & "tentwork" assignment. Tentwork is given nightly for first half of course to synthesize & apply data & observations.

15% = 10-minute field presentation on the research project

30% = 10-page written research paper expanding on field research project. Due 2 weeks after course ends.

10% = Course participation

10% = Final written exam (via email). Due 1 week after course ends.

## Readings

*National Audubon Society Field Guide to the Rocky Mountain States*, Alden & Grassy, 1999

*How to Do Ecology- A Concise Handbook*, Karban & Huntzinger, 2nd Edition 2014





## Day 6- Ecosystem Trip to Indian Peaks Wilderness Area

### Lecture/discussion topics:

**Colorado Front range life zones** - elevational impact on biological communities & ecosystem components

**Sub-alpine life zone focus**- species of interest, geologic & geographic differences

### Field activities:

**Off-site Ecosystem investigation** Journey to the Brainard Lake National Recreation Area, a spectacular high-elevation location that contains the Indian Peaks Wilderness Area. Hike through the sub-alpine life zone community with old-growth forest & past glacial lakes & features to reach the beautiful Lake Isabelle at over 10,000 ft.! Compare ecosystem variables & species composition/diversity to the lower elevation of Cal-Wood.



## Day 7- Wildlife Ecology & Animal Behavior

### Lecture/discussion topics:

**Colorado/Cal-Wood wildlife overview**- common species, species of population concern & ecosystem importance

**Animal Behavior**- animal observation skills, pros & cons of behavioral studies, ethogram usage

**Wildlife research techniques** - sampling methods, intrusive vs. non-intrusive techniques, population studies

### Field activities:

**Animal behavior study**- observe & document behavioral variables using ethograms & other wildlife tools

**Wildlife evidence analysis** - field identification & measurement of signs, tracks, scat, markings, shelters etc.



## Day 8- Colorado Forest Ecology

### Lecture/discussion topics:

**Colorado forest ecosystems** – common tree species, insect & diseases, role of fire, forest monitoring & management, **human** utilization, **Community**

**Ecology** – forest inter-relationships, community types

### Field activities:

**Forestry Study**- conduct site surveys & calculate forest densities, volume, spacing & canopy cover. Identify tree types, measure diameter, height, fire history, insect/disease infestation. Determine age & growth history by extracting & analyzing tree core samples with increment borers.



## Day 9- Research Design

### Lecture/discussion topics:

**Book discussion group activity for the How to Do Ecology textbook**  
Convene at 1:00 pm

## Day 10- Ecosystem trip to Rocky Mountain National Park

### Lecture/discussion topics:

**Rocky Mountain National Park** - history, geography, ecosystem issues, wildlife species of interest

**Geologic characteristics** - glacial mechanics & features- moraines, U-shaped valleys, cirques, lakes

**Sub-alpine life zone** - ecosystem characteristics, species variation

### Field activities:

**Off-site Ecosystem Investigation**- hike from the Longs Peak Trailhead of Rocky Mountain National Park through majestic sub-alpine old growth forest to alpine treeline. End at the incredible Chasm Lake beneath Longs Peak at 11,700 ft.! Identify dramatic geologic and geographic features and alpine wildlife.

## Day 11- Vegetative Survey & Pollination Study

### Lecture/discussion topics:

**Plants** - classification, physiology, role in ecosystem processes

**Fungus & lichens** - characteristics & ecosystem function, diversity

### Field activities:

**Vegetative surveys** - identify, classify, & measure flora in quadrats, calculate relative abundance & diversity indices, observe features & physiology in lab setting

**Pollination analysis** - record & measure pollination visits to flowers.





## Day 12- Ecosystem trip to the Boulder Grasslands & Eldorado Canyon State Park

### Lecture/discussion topics:

**Grassland & foothills life zones** - ecosystem characteristics, species of interest, abiotic comparison, elevational variables

**Geologic characteristics**- sedimentary formations & features, fossils

**Colorado water conservation- ecosystem impact**

### Field activities:

**Off-site Ecosystem investigation**- Travel down in elevation to 5,500 ft, & hike through pristine grassland communities of near Boulder. Continue into dramatic Eldorado Canyon State Park & observe spectacular sedimentary formations along the swift-flowing South Boulder Creek.

Compare ecosystem variables & species composition.

### Dinner in Boulder & Boulder Exploration



## Day 13- Sampling Methods

### Lecture/discussion topics:

**Ecosystem sampling methods** -transects & quadrats, randomization, stratification, replication, scope of projects

### Field activities:

**Group pilot projects**

**Independent research**- process scientific observations, devise hypotheses, create initial methodology & research design

**Individual consultations**- advisement for research projects



## Day 14- Independent Research Projects

### Field activities:

**Independent research**- process observations, refine hypotheses & experimental design, begin data collection

## Day 15- Independent Research Projects

### Field activities:

**Independent research**- intensive data collection

## Day 16- Restoration Ecology

### Lecture/discussion topics:

**Ecosystem restoration overview** - goals & methods

**Current Cal-Wood restoration projects**- forestry, wildlife, non-native plants

### Field activities:

**Independent research** - intensive data collection

## Day 17- Ecological Data Analysis

### Lecture/discussion topics:

**Basic data analysis** – basic analysis methods, statistics overview

### Field activities:

**Independent research** - intensive data collection

## Day 18- Ecosystem trip to Indian Peaks Wilderness

### Lecture/discussion topics:

**Alpine tundra life zone** - ecosystem characteristics, wildflower populations, alpine species of interest & concern, climatological extremes

### Field activities:

**Ecosystem analysis**- ascend above treeline, along a glacial moraine & permanent snowfield to a pass along the Continental Divide. If weather & energy permit, we will attempt the summit of Mt. Audubon at 13,320!

## Day 19- Presentation Prep

### Lecture/discussion topics:

**Presentation techniques** - effective communication & displays

### Field activities:

**Independent research** -final data collection, data analysis

## Day 20- Student Presentations

### Field activities:

**Student presentation of field research projects**

## Day 21- Student Presentations/Closing

### Field activities:

**Student presentation of field research projects**

**Camp breakdown, Closing**

**Course ends at 5:00pm**

## About the Research Project

The culminating assignment is a field research project & presentation. Students develop an original research project based upon scientific field observations they perform. In their project, students will process observations, formulate hypotheses, design an experimental methodology, conduct background research, & collect & analyze field data. A culminating class presentation outlines the research project & expands on key concepts. Finally, post course, students complete a written scientific research paper that encapsulates the project.

No specific scientific research background is necessary to take this course. This is an excellent opportunity to learn if field research is a good fit for you. Additionally, for students who have research experience, this course is an opportunity to take their skills to a higher level.

***For a Full List of Past Research Topics See Below***



## Colorado EcoFS Past Research Topics

### 2023

Variation in Pollination Between Different Insect Groups  
Woodpecker Feeding Behavior Patterns Related to Tree Preferences  
Slope Aspect Effects on Tree Seedling Regrowth After Wildfire  
Rock Composition at Various Elevation and Locations  
Lichen Pigment on Shaded vs Exposed Rocks on North and South Facing Slopes  
Non-native vs. Native Plant Species and Abundance of Insect Herbivores  
Variation in Pollination of Wildflowers with Respect to Nativity and Species  
Anthropogenic Effects on Soil pH and Chemical Nutrients on Trails and Roads  
Difference of Lichen Species Abundance and Diversity on Different Slope Aspects  
Effect of Pitch on Color Variations in Ponderosa Pines in Cal-Wood  
Paths and Patterns of Mule Deer Throughout Cal-Wood  
Behavior Comparison Between Cabbage White Butterflies and Wood Nymphs  
Comparison of Soil NPK between Upper and Lower Ponds  
Number of Flowers Per Individual Plant and Plant Deaths Effect on Pollen Viability  
The Proportions Of Squirrel Behaviors During Daytime  
Lupines and Their Effect on Soil pH and Flora Biodiversity  
Influence of High Mortality Wildfire on Ponderosa Pine and Douglas Fir Sapling Populations  
The Effect of Flower Morphology on Rate of Insect Pollination  
Human Activity Effect on Chipmunk Populations  
The Impact of Aspect on Diameter of Ponderosas Pines  
Tree Swallow Hunting Behaviors and Frequency of Swarm Events  
The Effect of Elevation on Fruiting Fungal Species Richness at Varying North-Facing Slopes

### 2022

Ball Cactus Abundance and Growth Patterns in Comparison to Neighboring Flora  
Comparison of Canada Thistle and Bull Thistle in Disturbed and Undisturbed Sites  
Mule Deer Feeding and Resting Behavior  
Population Distribution and Health of Aspen Groves  
Soil pH Variation in Response to Elevation Change  
Grasshopper Abundance and Behaviors in Burned and Non-burned Areas  
Ability of Desiccated Moss to be Rehydrated Based on the Moistness of its Habitat.  
Great Red Paintbrush Abundance in Relation to Proximity to Aspen Groves  
Lichen Diversity on Varying Rock Types  
Ant Colony Distribution in Varying Ecological Communities  
Shelf Fungi Mushroom Distribution on Varying Tree Species  
Growth Rate of Ponderosa Pine based on Soil Type and Nutrients  
Bee Preference for Wildflower Color  
Abundance of Western Terrestrial Garter Snakes in Varying Communities  
Correlation Between Water Flea Abundance and Macroinvertebrate Diversity  
Douglas Fir Health and Size on Varying Slopes  
Soil Infiltration Rates in Burned vs Non-burned Areas  
Steller's Jay Behavior and Vocalization Patterns

### 2021

Growth Rate of Ponderosa Pine Affected North vs South Facing Slope  
Wildfires Effect on Forb Abundance and Diversity  
Tree Preference for Antler Rubs in the Montane Forest  
The Difference in Bladder Snail Populations in the Upper versus Lower Ponds  
Preference of Lichen for Dead vs Live Trees  
Forest Canopy Coverage on North and South Facing Slopes  
Pollination Rates of Three Different Cal-Wood Flowers  
Abundance and Variation of Backswimmers in the Upper and Lower Ponds  
The Effects of Wildfire's on Native and Invasive Groundcover  
Golden Mantle Ground Squirrel Social Behavioral Analysis  
Optimal Soil Conditions for Common Yarrow  
Potassium Level Variation at Igneous Outcrops  
Plant Diversity in Different Ecological Communities s  
Growth Rate of Ponderosa Pines vs Douglas Firs  
Abundance of Mushroom Diversity between Different Communities

### 2019

Comparison of Willow Growth at the Lower and Upper Ponds  
A Study of Harebell Abundance in Forests vs. Meadows Based on Soil Moisture  
Relative Abundance of Creeping Thistle to other Flora in Two Regions  
Butterfly Behaviors near Mineral Licks  
Cacti Habitat and Growth at Cal-Wood  
Comparing Invertebrates in Varying Levels of Pond Vegetation  
Common Nighthawk Feeding Behaviors  
Slope Aspect Affects on Yearly Growth Rate of Ponderosa pine  
Nutrient and pH Differences of Upper and Lower Pond  
Population Distribution of Rocky Mountain Juniper  
Forest Health in Relation to Stand Density  
Pollinator Diversity on Common Groundsel  
Vascular Aquatic Plants and Quality of Water that Contributes to Plant Growth  
Does the Invasive Bull Thistle Decrease Nearby Plant Diversity?  
Comparison of Wildflower Biodiversity in Forest and Meadows  
How Does Parent Material Affect Soil Characteristics  
Moss Distribution on North vs South Facing Slopes  
Common Nuthatch Feeding Behaviors on Ponderosa Pines





## 2018

Chemical and Physical Analysis of the Upper Pond at Cal-Wood  
Soil Particle Size Effect on the pH of Water  
The Relationship between Signs of Erosion and Tree Density  
Moisture Content, pH, and Soil Type Relationships to Wax Currant  
Species Richness of Aquatic Macroinvertebrates of the Upper and Lower Ponds  
Caddisfly Larvae Density in the Central Gulch  
Tree Density and Overall Stand Vigor  
Comparing Soil Nutrients in Forest and Meadow Ecosystems  
Bird Species Populations of Ponderosa Pine  
Lichen Abundance on the North and South Slopes  
Abiotic Conditions Preferred by Common Bergamot  
Populations and Size of DragonFly Larvae  
How Aspect, Slope & Elevation Influence Cactus Species  
Canada Thistle Gall Distribution on Varying Shrub Species  
Sap Production of Douglas Fir Trees based on Slope Aspect  
Mule Deer Population Distribution based on Scat Abundance  
Soil Moisture Content and Aspen Grove Distribution



## 2017

The Effect of Slope Aspect on Species Diversity of Lichen  
Aspect and Level of Disturbance as Determinant of Common Mullein Density  
Soil Infiltration Rates on Social Trails vs Established Trails  
Effects of Abiotic factors on Mule Deer Habitat Preference  
Ant Colony Distribution and Territorial Range  
Pollinators Preference for Differing Wildflower Color & Patterns  
Water Quality Analysis of Central Gulch  
Testing the Group-Size-Effect in Mule Deer  
Water Infiltration Rate into Soil and Its Effect on Tree Growth Rate  
Distance from Riparian Area Effect on Plant Diversity  
Spatial Distribution Role on the Health of Quaking Aspen Groves  
Ponderosa Pine Growth Rate in Relation to Diameter  
Common Lupine Distribution and Soil Nutrients  
Common Raven Social Behaviors at Differing Times of Day  
Rate of Pollinator Visits to Two Flower Species  
Soil Potassium Levels in Proximity to Rock Outcrops



**For all further  
course info  
including details  
on costs, credits  
& application  
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