



H.

Individualized Degree Plan (Interdisciplinary Studies), B.A.

As the landscape of careers constantly changes, so does the need for college degree programs. Adapting to that change is the Individualized Degree Plan (Interdisciplinary Studies), B.A. Through this program you'll take core classes, and at the same time, choose courses from multiple disciplines that align with your interests, passion, and goals. Among the few of its kind in the California State University system, this customized degree program puts you on an academic and a career path that you forge.

WHY THIS PROGRAM

Build your own degree, choosing courses from a variety of disciplines.

With in-person, hybrid, and online courses available, the program is designed to work around your schedule with flexibility that supports real life.

Up to 6 units of paid or unpaid internship/experiential learning can be counted towards your major or taken as electives.

Develop interdisciplinary thinking and the ability to analyze the world from multiple perspectives, including sustainable design, public service, private industry, advocacy, sustainability, healthcare, tech, and urban planning.

X Did you know?

- Receive intensive, individualized advising from academic and career advisors who will guide you in the unique direction you want to explore.
- Take courses in our high-demand programs, which were created as part of our expansion as the state's newest polytechnic university.
- Employers value the skills that our graduates develop through the program: digital communication, information literacy, and system-level thinking.



Academics & Options

Individualized Degree Plan (Interdisciplinary Studies), B.A.

The Individualized Degree Plan allows students to create a major that combines multiple areas of interests to build a unique degree program. For example, students who want to focus on Game Design would take Computer Science, Math, Art, and a humanities course

This 45-unit program consists of 3 core courses (9 units), plus 36 units depth and breadth requirements. Disciplinary depth is achieved through a required number of units in your emphasis and multidisciplinary breadth through courses in two or more disciplines.

Career Paths

Our program's flexibility means your career path will be uniquely yours, and can pursue industries and roles that align directly with the focus areas you choose. The degree allows you to strategically shape your emphasis areas and combine disciplines to enter innovative, blended fields as well as standard professional roles.

Examples of career applications of interdisciplinary emphasis areas:

- **Technology & Design** – A student who blends computer science, psychology, and art could pursue careers in user experience (UX) design or human-computer interaction, bringing technical expertise together with insights into human behavior and creative design.
- **Healthcare & Policy** – Someone combining biology, narrative medicine, and political science might work in healthcare administration, policy analysis, or global health advocacy, able to connect clinical needs with government regulations and community impact.

- **Business & Sustainability** – A focus on business, environmental studies, and communication could prepare graduates for roles in corporate sustainability, green entrepreneurship, or CSR, helping organizations align profitability with environmental and social responsibility.
- **Education & Technology** – A degree built from education, computer science, and sociology could lead to careers in e-learning design, training and development, or educational technology leadership, applying both pedagogical theory and digital innovation.
- **Arts & Entrepreneurship** – A student studying fine arts and business marketing and management could launch their own creative business, or work in arts management, branding, or creative industries consulting, where both artistic vision and business strategy matter.
- **Nonprofit & Community Development** – Blending sociology, communications, and economics equips students to work in community advocacy, nonprofit leadership, or international development, where understanding people, policies, and financial realities is critical.

