

NARCAN SAVES LIVES

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Narcan

Narcan is a medication that immediately reverses the effects of opioid overdose.

Each dose contains one spray and only sprays one time.



Opioids work by binding to specific receptors in the brain, spinal cord, and other organs to block pain messages, while also triggering the brain's reward system to create a sense of euphoria.

Examples:

Codeine, Vicodin, Heroin, Morphine, Fentanyl, Synthetic Kratom - 7-OH

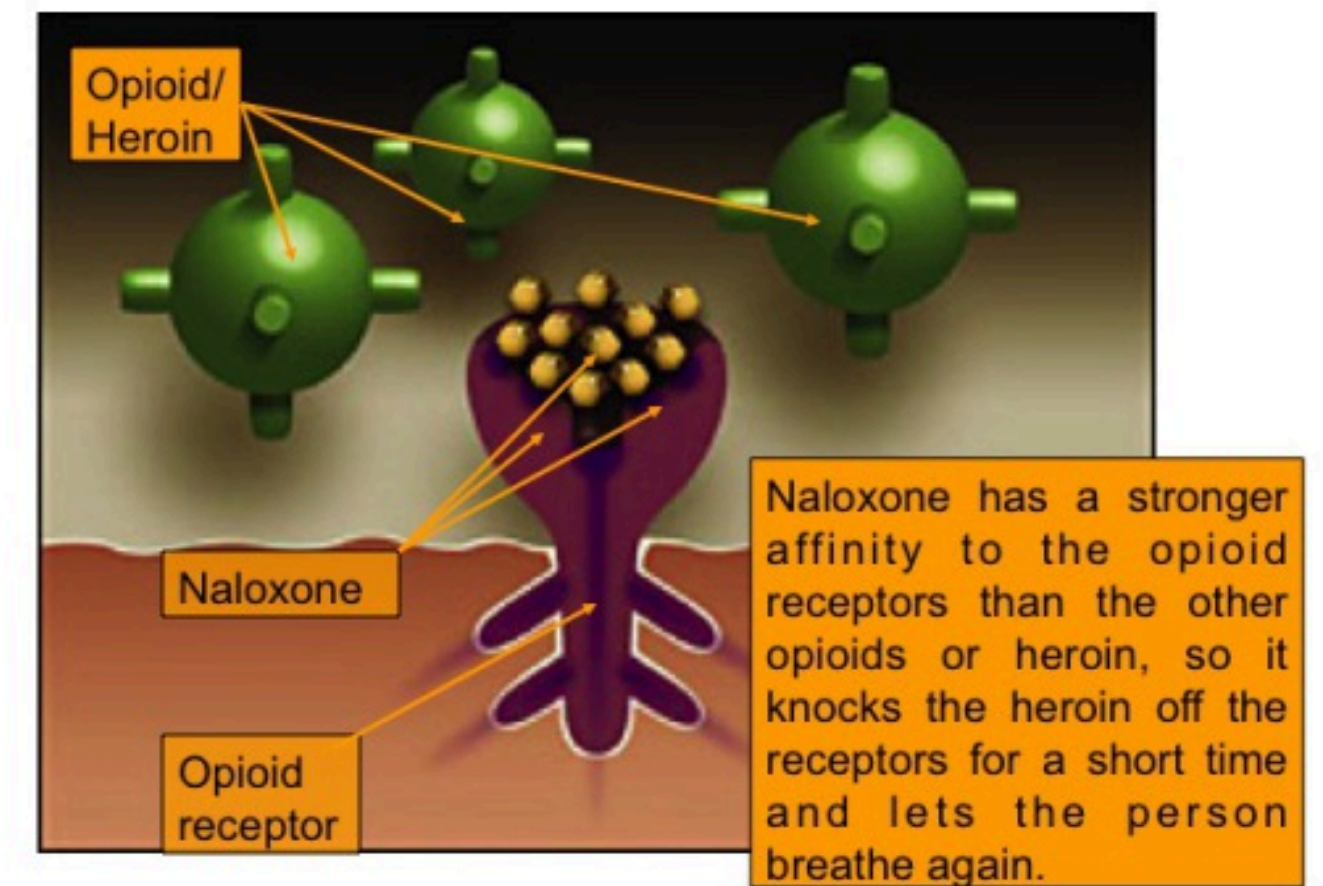
Narcan is a safe non-addictive medication that can reverse an overdose and save lives.

When someone is overdosing on opioids the medicine essentially knocks the drugs off the brain's receptors.

Narcan is safe to use on pregnant people, children, and pets.

The individual does not have to be breathing for Narcan to work.

Naloxone reversing an OD



Fentanyl

100 times stronger than morphine
50 times stronger than heroin



A fatal dose, for most people, is around 2 milligrams.

Multiple doses of narcan are often needed to reduce an overdose when fentanyl is present.

Fentanyl

Fentanyl is being mixed into all kinds of drugs including ecstasy, cocaine, methamphetamines, heroin, and counterfeit pills.

In the United States, Fentanyl overdose fatalities were 2,666 in 2011 and spiked to over 100, 000 in 2023.

Test drugs using fentanyl test strips.
Although not 100% effective, it is a harm reduction tool.

6 out of every 10 counterfeit prescription pills tested by the U.S. Drug Enforcement Agency lab in 2022 contained fentanyl.

It's cheap to manufacture and easy to transport because it only takes a minuscule amount to get a strong drug effect.

Dr Candy Stockton, M.D.

Humboldt County Public Health Officer

**Over 89 overdose deaths
related to opioids in
Humboldt County in 2022**

Who do you think is overdosing?

“They were between 22 and 74 years old.

One only completed eighth grade,
but some had master’s degrees.”

“A few had never worked, but the rest worked in nearly every sector of our community.

A few were unhoused, but many died in their own homes.

Eleven were married.”

“They included essential workers,
first responders, and veterans.

They represent 11 different cities and
towns in Humboldt County.”

Everyone is affected by overdose as loved ones and friends are left behind.

Opioid overdoses can happen

When a patient misunderstands the directions for use, accidentally takes an extra dose, or deliberately misuses a prescription opioid.

With recreational drug use.

If a person takes opioid medications prescribed for someone else.

If a person mixes opioids with other medications, alcohol, or over-the-counter drugs.

Additional Risk Factors

Using alone

Changes in the drug supply

History of previous overdose

Reduced tolerance after incarceration, detox, rehab, hospitalization,
and/or sporadic patterns of drug use

Using in a new environment

Signs of a potential overdose

Person does not wake or respond to loud voice

Breathing is not normal, very slow, or has stopped

Pin-point sized pupils

Change in color of face and lips

Gurgling sounds

Does not respond to squeezing arm, leg, or knuckle rub on sternum

Responding in moments of crisis

Clear the air way

Give one dose narcan nasal spray

Call 911

Additional sprays every 2 to 3 minutes
until they begin breathing normally

Stay with the person until help arrives

Better to use an expired Narcan than
none at all



Rescue breathing

If you need to administor rescue breathing :

- Place the person on their back.
- Tilt their chin up to open the airway.
- Check to see if there is anything in their mouth blocking their airway, such as gum, toothpick, undissolved pills, syringe cap, (these things have ALL been found in the mouths of overdosing people!). If so, remove it.
- Plug their nose with one hand, and give 2 even, regular-sized breaths. Blow enough air into their lungs to make their chest rise. If you don't see their chest rise out of the corner of your eye, tilt the head back more and make sure you're plugging their nose.
- Breathe again. Give one breath every 5 seconds.

Narcan

SAFE TO USE EVEN IF SOMEONE DID NOT TAKE AN OPIOID

Store at room temperature

Better to use an expired Narcan than none at all

The individual does not have to be breathing for Narcan to work

Only works on opioids

California Law and Narcan

AB 472 "Good Samaritan Law"- protects people who call 911 at the scene of an overdose from prosecution for possession of usable amounts of controlled substances

Please...

Lock up medications and any recreational drugs

Properly dispose of any unused medications

Learn about recovery and support services like
Waterfront, Aegis, and Providence's Substance Use Navigator

Talk about Narcan

If prescribed an opioid ask your provider for Narcan

Call Never Use Alone 877-696-1996 your Overdose Prevention Lifeline.

Toll-free national overdose prevention, detection, life-saving crisis response and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year.

No stigma. No judgment. Just love! ❤️

www.neverusealone.com



Resources

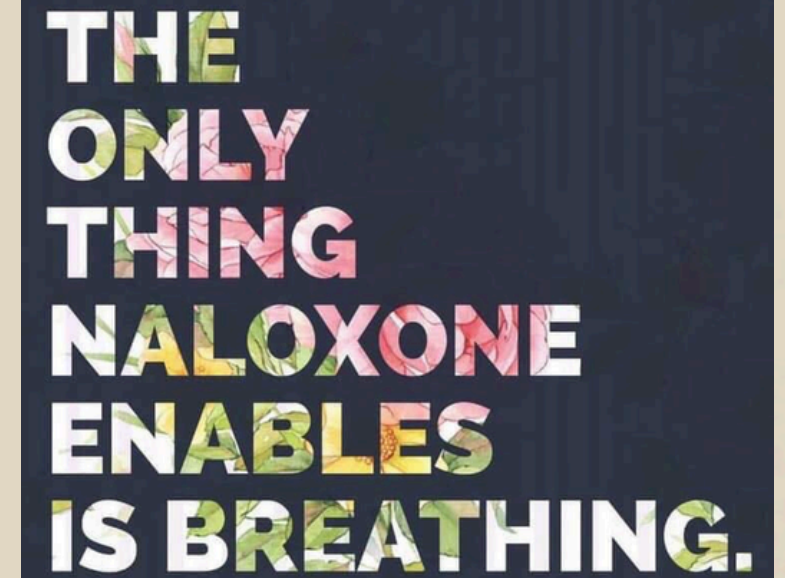
www.rxsafehumboldt.org

www.harmreduction.org

www.neverusealone.com

www.naloxoneforall.org

www.erowid.org



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