

# Community Health, B.A.

The Bachelor of Arts in Community Health empowers you to make a real difference, equipping you with the tools to tackle health challenges through a lens of justice and equity. You'll explore how environments, behaviors, and systems shape people's access to care, while building the skills to advocate for healthier communities.

This program prepares students for a variety of health care certifications such as:

- Certified Health Education Specialist (CHES)
- Certified Professional Patient Navigator
- Oncology Patient Navigator Certified Generalist (OPN-CG)
- Certified Patient Advocate

## **Experience Your Learning**

Studying at Humboldt means gaining real-world experience that you wouldn't get as an undergraduate at many other universities. Hands-on learning experiences are built into your core major coursework and you have the opportunity to work with faculty on their research and projects, or develop your own.

Using a community health needs assessment, you'll engage with your community in meaningful and impactful ways.

During your internship you'll work with a site that aligns with your interests and availability in supporting community health.

Humboldt is home to several institutes, labs, and programs, which can give you real world experience, including: the Humboldt Institute for Interdisciplinary Marijuana Research, and the California Center for Rural Policy, Fall Prevention Program, OhSNAP, Student Health Center, Food Sovereignty Lab and Full Life Institute.

## X Did you know?

- Department faculty members have a strong commitment to social and environmental justice that shapes course offerings and content.
- You'll manage real-world challenges through hands-on projects with community partners.
- We combine knowledge and skills from many different disciplines to support a well-rounded approach to community health





## **Academics & Options**

#### Community Health, B.A.

The Community Health B.A. program utilizes multiple frameworks for a justice-oriented approach to community health. Our goal is to examine how social and physical environments intersect with personal behavior, and how these factors impact access to, and utilization of, health promoting programs.

### **Emphasis Areas**

#### Health Advocacy/Patient Navigation

This emphasis enables students to increase the capacities of healthcare systems through case management, assistance to patients in navigating the financial realities of healthcare, and translation and interpretation within the healthcare setting. The coursework and experiences will set you up for pursuing optional external certification in health advocacy and/or patient navigation.

#### Community Health Education

This emphasis explores the dynamics of working with people to support health at community and population levels. Knowledge and skills in engaging communities will be utilized to design, implement, and evaluate health promotion programs. The coursework and experiences will set you up for pursuing optional external certification as a Certified Health Education Specialist.

#### **Minors**

- · Arts in Health and Narrative Medicine
- Health Education

## **Careers**

Healthcare is moving to an increasingly integrated model where community health workers are playing a much larger role. Your career in community health could be in individual healthcare settings, or in broader community programming.

- Corporate Wellness
- University Student Health Education Coordinator
- Patient Navigator
- Patient Care Coordinator
- Patient Advocate
- Interdisciplinary Medical Consultant
- Social Medicine Coordinator
- Community Health Educator
- Community Health Center Operations Manager
- Arts in Medicine Program Administrator

