

Cal Poly Humboldt Sponsored Programs Foundation

Health Insurance Premium Rates July 1, 2026 – June 30, 2027 EMPLOYEE MONTHLY COST SHEET

EVHC Medical Plans	HMO PLATINUM	PPO PLATINUM 250	PPO GOLD 1500
Employee Only	\$151.08	\$200.29	\$156.92
Employee + 1 Dependent	\$317.25	\$420.61	\$329.53
Employee + 2 or More Dependents	\$453.21	\$600.88	\$470.76
Principal Dental			
Employee Only	\$5.09		
Employee + Spouse	\$10.02		
Employee + Child(ren)	\$13.68		
Employee + Family	\$19.64		
Principal VSP Vision			
Employee Only	\$0.58		
Employee + Spouse	\$1.08		
Employee + Child(ren)	\$1.19		
Employee + Family	\$1.81		
Mutual of Omaha Life/AD&D			
Employer Sponsored Life / AD&D Available to employees only	\$0.28		
Voluntary Life / AD&D Available to Employee/Spouse/Child	Age Banded – See Link to Benefit Guide below		
Mutual of Omaha Voluntary Products	Critical Illness	Accident Coverage	Hospital Indemnity
Employee Only	Age Banded – See Link to Benefit Guide below	\$7.97	\$18.73
Employee + Spouse		\$12.75	\$41.21
Employee + Dependent Child(ren)		\$15.85	\$26.68
Employee + Family		\$21.80	\$53.36
Flex Cash	In Lieu of Medical	In Lieu of Dental	
Available to employees waiving Medical and/or dental coverage	\$128.00 Requires Proof of Other Group Coverage	\$12.00	

Select this link for further benefit details and rate information: [2026/2027 Benefit Guide](#)