

Tasha Howe

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Professor of Psychology / Department Chair of Psychology

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In the past decade alone: Two updates to her published text, Three first author journal publications, one of which won the “Best Paper of the Year” from the International Society for Self and Identity, and three other co-authored peer reviewed publications, and 18 presentations, of which five were invited. Additionally, two Fulbright scholarships. She also received three Fulbright grants of up to a month to deliver trainings, workshops and seminars overseas. Dr. Howe was recognized with a certificate of appreciation by the Humboldt County Children’s Mental Health Summit for exemplary contributions to children’s mental health in Humboldt County, and has delivered many trainings on violence prevention, becoming trauma informed, and stress to professionals in Humboldt Country. At Humboldt, Dr. Howe has been Department chair, a member of Integrated Curriculum Committee, Diversity, Equity, and Inclusion Council, CSU Middle Leadership Academy, Psychology Department Personnel Committee, University Faculty Personnel Committee, College of Professional Studies Associate Dean Search Committees, Psychology Department Search Committee, and other roles. Professionally she has served as a manuscript reviewer for four different journals, and a book reviewer for W.W. Norton. Finally, her teaching reviews and letters from faculty and students have been outstanding.